

REPORTER

THE PENHOLD



Central Alberta
**COMMUNITY
BLOOD
DRIVE
CHALLENGE**

Feb. 1- 28



Whether you are a new donor, like Cassidy, or a long term donor, like world record holder Josephine, your donation can help save a life.

YOU'RE
SOMEBODY'S
TYPE ❤️

SEE PAGE 5 FOR DETAILS

Book your appointment
in February & show you care too!



Canadian
Blood
Services

BLOOD
PLASMA
STEM CELLS
ORGANS
& TISSUES

For appointments visit
www.blood.ca



February 2025

Issue #25--02

403.886.4567

www.townofpenhold.ca

Penhold Reporter



/townofpenhold



@townofpenhold

COUNCIL CORNER

Jan. 13, 2025 Regular Council Meeting:

Innisfail Chamber of Commerce: Made a presentation to Council to encourage the Town of Penhold to become a member of the Innisfail & District Chamber. Key items of membership are: connection with area businesses through a variety of ways; a combined voice in the Province and Federal realms on business matters; benefits program for staff working with small businesses.

2025 Municipal Elections have seen major changes in how the election process will work. This will have a direct impact on staff time in delivering this new service to the residents.

BREWD (Business Retention and Expansion Strategy and a Workforce Development Strategy), the new economic focus group initiative, has connected with 34 businesses in Town and had consultation with 28 businesses.

The official Launch for this project was January 23, 2025. (see page 4 for more info)

Penhold Multiplex: in December, 14,486 patrons visited the complex with a yearly total of 209,776 visitors to the Multiplex.

In 2024, the solar panels installed on the Multiplex roof saved the Town enough power to provide power to approx. 24 average size homes.

Memorial Hall floors have been re-finished and look amazing. The linoleum and wood floors were completely refurbished.

Penhold achievements and focuses for 2025: Council was provided an extensive list of both 2024 achievements and 2025 focuses. The listing will be uploaded to the town's website for review.

The Dog Park Committee is working to start the development of Penhold's first off leash dog park. They have submitted a grant application to the province and are requesting a letter of support from Council. Council congratulated the group on moving this project forward.

Inter-municipal Development Planning: Council gave final approval to the Inter-municipal Development Plan (IDP) with the County of Red Deer. This will be a guiding document for future planning with our bordering neighbours.

Utility Increase: Council approved an increase in utilities; with the substantive increase from the Regional Waste Water Sewer System the town was forced to pass on the sewer costs. Residents will experience no increase to the water fee however with the sewer increase, residents can expect to see an increase between 5 and 7% depending on the usage amount. Commercial properties will experience a similar increase of approx. 7%. For the heavy users this will plateau at 500 cubes at which time the fee will drop down by \$1.00 per cube or 22% per cube.

Next Council meeting: Jan 27th, 2025

Key Notes From January 27th, Council Meeting

Council Presentations:

Mr. Stewart Ford made a presentation to council about the development of an Armillary. This is a globe type of design that acts as a sundial, giving dates and months of the year. This would be a great attribute and provide a unique learning experience for the community.

Council expressed gratitude to Mr. Ford for this generous donation to the town commemorating the 120 years since Penhold's incorporation.

Atco Franchise agreement: was approved by Alberta Utilities Commission and will continue in the same way the agreement has for past years.

BREWD: (Business Retention Expansion Workforce Development) had its official launch Jan 23rd. This project will be ongoing for the next 1 ½ years, promoting businesses. (see page 4 for further details)

Land Use Bylaw: (LUB) is under review by the Municipal Planning Commission. The focus is updating the bylaw to meet current legislation, streamlining development options, addressing ongoing variance requests and making the bylaw easier for interpretation/understanding. The Commission hopes to have this ready for Council by the end of April.

Penhold Cares Community Blood Drive Challenge: will be occurring for the month of February. Please go and donate blood this month and make sure you put your stone in the jar to tell everyone Penhold Cares. (More info on page 5)

Fire & Protective Services:

2024 Highlights.

- New partnership with Lacombe Police Services for tracking location and the wellbeing tracking for our officers.
- New communication devices to connect with Police and other fire departments.
- New software solutions to track incident documentation, planning, training and asset management.
- Regional Partnerships with surrounding communities.

Coming in 2025:

- New Patrol Vehicle
- New Breathing Apparatus for the Fire Department
- New Building
- Software development

Business Licensing Bylaw: has been updated to provide a more streamlined process. This update focuses on updating document to current legislation and providing a clear understanding of license requirements.

Appreciation MP Earl Dreeshen: Mr. Dreeshen is stepping away from federal politics. Council asked that a letter be drafted in appreciation for all his years of service and thank you for working diligently for our area.

Next Council meeting: Feb 10th, 2025

*Respectfully,
Mayor Mike Yargeau*



**Upcoming Council Meetings:
Monday February 10, 2025
Monday February 24, 2025**

Meetings begin at 6:00 p.m. in person & livestreamed through the Town of Penhold website.

The Town of Penhold Council Meetings are now being recorded and will be made available for viewing on the Town of Penhold YouTube channel by midweek following each meeting. The recordings will be available for viewing until the day of next Regular Council Meeting.

DEVELOPMENT



Regional leaders gathered at Olds College on Jan. 23 to sign the BREWD Charter in order to support Central Alberta businesses.

Calling all Penhold business owners, community leaders, or organizations serving business in Central Alberta. Join us in the movement that will shape the future of Central Alberta's workforce and business landscape.

The BREWD initiative (Business Retention, Expansion & Workforce Development) is all about strengthening Central Alberta's economy by focusing on what truly matters—our local businesses! This initiative is a business-driven strategy designed to retain and expand businesses, strengthen workforce development, and create a competitive environment where local enterprises can thrive.

Together, we can ensure the future success of our local economy by addressing business challenges & opportunities.



WHY BREWD?

PURPOSE

BENEFITS

www.centralalbertafirst.ca

Purpose: Central Alberta First's BREWD program is listening to businesses to find out what's working and what isn't. By addressing challenges and creating new opportunities, they are working to shape a competitive and sustainable future for our region.

Benefits:

Retain and grow local jobs

Support existing businesses for long-term success

Foster workforce development to meet today's demands

Boost regional collaboration between businesses and communities

By working together, we can address the challenges and celebrate the successes of our regional businesses. Join the movement by participating and taking the BREWD survey through www.centralalbertafirst.ca and learn how we can build a stronger tomorrow—together let's ensure Central Alberta remains a strong economic hub where businesses succeed and communities grow. Together, we're building a stronger, more prosperous Central Alberta!



You're Somebody's Type!

Penhold kicks off another exciting regional blood drive challenge

It's time to roll up our sleeves and make a life-saving difference! The Town of Penhold and Canadian Blood Services are excited to announce the launch of the second annual Penhold Cares Central Alberta Blood Drive Challenge, running from February 1 to 28, 2025.

The Town of Penhold is challenging everyone in Central Alberta to book an appointment and donate blood at the **Canadian Blood Services Donor Centre in Red Deer** this February. But that's not all—donors will get to represent one of six zones in the region, battling it out to see which area can claim the title of **Top Donor Zone!**

Penhold Mayor Mike Yargeau says "We started this challenge last year with Canadian Blood Services to honour the world record set by Penhold resident, Josephine Michaluk, for most whole blood donations by a female."

Central Alberta, the challenge is on! In a thrilling twist, all donors at the Red Deer Centre will be asked to indicate which of six zones they are representing.

"Last year, Penhold showed up in a big way, securing the third-highest number of donors among all zones. This year, let's prove just how much heart our small town has and aim for the top spot," says Yargeau. "We are calling on Penhold residents to step up, make an appointment, and donate blood in February."



Zones to Represent:

1. **Penhold**
2. **Red Deer**
3. **Zone 1:** West of QEII, North of Hwy 592
4. **Zone 2:** East of QEII, North of Hwy 42
5. **Zone 3:** West of QEII, South of Hwy 592
6. **Zone 4:** East of QEII, South of Hwy 42

"Canadian Blood Services is happy to be working with our surrounding communities again with the 2025 Penhold Cares campaign," says Shamus Neeson, Community Development Manager for Canadian Blood Services in Red Deer and Central Alberta. "Last year's campaign was a tremendous success, collecting **1,055 units of blood** and recruiting **105 new donors** to help save lives. This year, we're aiming even higher, with a target of **1,150 donations** to meet the critical needs of patients at the Red Deer Regional Hospital."

Every blood donation makes a difference. Your contribution helps ensure that patients battling illness, injury, or undergoing surgeries have access to the life-saving blood they need.

Where to Donate:

Red Deer Donor Centre
#5, 5020 68th Street

Hours of Operation:

Wednesdays & Thursdays: 2:00 p.m. – 7:00 p.m.

Fridays & Saturdays: 9:00 a.m. – 2:00 p.m.

How to Book Your Appointment:

Visit blood.ca or download the **GiveBlood app** to secure your spot today!

This February, let's show the power of community and compassion. Together, we can save lives and show Central Alberta how much Penhold Cares!



OPERATIONS

2025 Utility Rates

Council approved a new Utility Bylaw which will be reflected on the January 2025 bill. There will be an increase in rates to reflect actual cost recovery. Penhold continues to have competitive rates for utilities in the area. The rates are posted on the website.

Sewer Fixed – increase of \$3.00/month from \$18.00 to \$21.00/month.

Sewer usage – increase of \$0.42/M³ from \$3.95/M³ to \$4.37/M³
(Increase includes regional commission rates)



Outdoor Rink

The Outdoor Rink at Lincoln Street Recreation area is now open for the season. The rink shelter and outdoor rink are open for use from 11:00 a.m. to 9:30 p.m. daily (closed for maintenance 8:30- 1 1:00 a.m. daily).

During the week, Town of Penhold staff clear snow from the ice and flood each morning. The flooding is done by hand rather than with an ice resurfacing machine. The process takes time, please be patient and abide by operating times to allow staff adequate time to complete the work and keep the ice the best it can be for everyone's enjoyment.

The rink is flooded on weekdays and is not flooded on the weekends, shovels are available for users to clear snow from the rink when needed.



Stay Off the Ice

Unlike regular ponds in the rural areas, storm retention ponds can have water flowing into these systems anytime during the winter months. These storm retention ponds will not be measured for ice depth.

For everyone's safety stay off the ice as there is always the danger of thin ice.

The Community Hub Pond Aeration system runs year-round and assists with the natural oxygenation process of the water body to help combat harsh winter conditions. This will result in open water throughout the winter and thin ice. Signs have been placed in the area, stay off this pond as well as all other storm ponds throughout town as water may be flowing underneath the surface and the ice levels are not monitored.

Lincoln Street Storm Pond

The Lincoln Street Storm Pond is a designated and licensed snow dumping site for the Operations Department and is not meant for recreational use. Trucks and equipment are using the site while snow removal is in progress. Please avoid using the area during this time.

Snow Removal

Our Operations staff make every effort to ensure that our streets are clear of snow and ice during the winter months. Please be patient as we complete this process. Snow plowing and/or removal on streets will be started after a heavy snowfall (15cm) or once accumulations have reached 15cm.

The priority areas are as follow:

- **Priority one** includes main thoroughfares and bus routes.
- **Priority two** are businesses, streets, and avenues.
- **Priority three** are Closes, Courts, and Places – these are cleared once all other major areas are complete.

The snow removal priority map is available on the Town of Penhold Website.

Alleys are not listed as a priority and are maintained as time and conditions permit.

The snow removal process may take three weeks or longer depending on snow fall, conditions, and workload. Should another 15cm of snow accumulate during the snow removal process, priorities will shift back to one and two. Snow will be windrowed until removal is possible. Where applicable, snow will be windrowed to the side of the street without a sidewalk.

Please use extra care when approaching snow removal equipment as visibility is limited and equipment may stop and/or back up suddenly.



Residents are responsible for snow removal on all sidewalks adjacent to their home. Please consider neighbours and delivery people by clearing your sidewalks. Snow must be removed within 72 hours of any snowfall. Snow that is cleaned off sidewalks and driveways cannot be deposited onto the road. (Traffic Bylaw 754.2018 Section 18.4)



No Parking Signs

The Operations staff will make every attempt to put out No Parking signs the day before planned street sweeping or snow removal. There is no parking on the road during the hours posted until the signs are removed.

Vehicles are considered towable if they are not in accordance with the posted street sign in accordance with Traffic Bylaw 754.2018 Section 18.8.

If the Operations crew is not able to complete street sweeping/snow removal on the day planned, the signs will remain up until removal is completed. If you are unsure when snow removal is taking place, please call the Operations Department at 403-886-4265.

Signs are placed out prior to 4:30pm the day before maintenance begins. You can also receive updates by email by signing up for the E-News through the Town of Penhold website.



Stay up to date!
www.townofpenhold.ca
Sign up for E-News today!



Operations notices
Sign-Up for E-News to receive Operations updates

Winter Road Safety Reminders

Driver fatigue is a risk when driving in Alberta's winter conditions. To reduce the risk of fatigue, you can:

- Plan ahead: Get enough sleep before a long trip and avoid driving during your body's "down time"
- Take breaks: Schedule breaks every two hours or every 160km
- Drive with a passenger: Have someone to chat with who can also let you know if you're showing signs of fatigue
- Drive defensively: Accelerate gently, turn slowly, and brake carefully and early
- Reduce speed: Reduce speed when approaching intersections covered with ice or snow
- Allow extra time: Allow for extra travelling time or delay a trip if the weather is inclement

Don't forget to winterize your vehicle, keep your vehicle fueled, and keep an emergency kit in your vehicle.



Snowmobiling Prohibited Within Town Limits



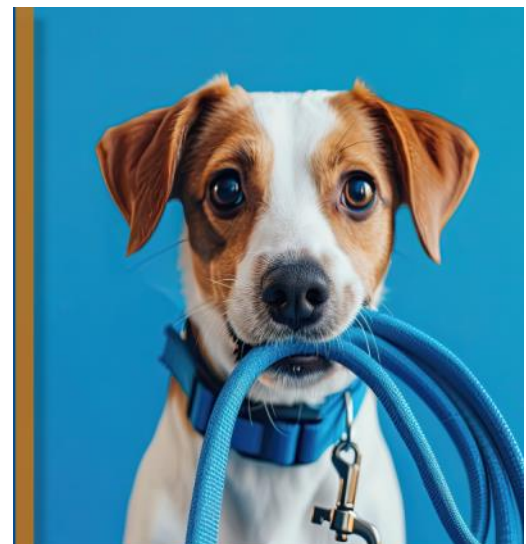
Residents are reminded that snowmobiling is not permitted within town limits, including all green spaces.

This restriction is in place to ensure safety and enjoyment of these spaces for all residents and to protect the integrity of our shared community resources.

Why snowmobiling is not allowed:

- **Legal Restrictions:** Snowmobiles are not legally permitted within Penhold town limits. Operating a snowmobile in Penhold violates Bylaw 828/2024. (Section 4.9 restricts parking and driving of any vehicle, including snowmobiles, on Town land) and may result in fines or other penalties. Additionally, the Alberta Traffic Safety Act part 6 restricts Off-Highway Vehicles from driving on any primary or secondary highway and their right of ways and also restricts the use of any vehicle (including OHV) on all roads unless they are: registered, insured, operated by a licensed operator, wearing helmets, have operating headlamps and tail lamps, have a valid licence plate.
- **Preventing Damage to Park Resources:** Snow-covered areas may conceal small trees, shrubs, grass, park furniture, and infrastructure. Snowmobiles can cause significant damage to these elements, which are vital to maintaining the beauty and functionality of our parks.
- **Ensuring Safety for People and Pets:** Parks are often used by families, pedestrians and pet owners during winter months. Snowmobiles pose a risk of harm or negative interactions with individuals enjoying these spaces on foot.

We appreciate your cooperation in respecting these guidelines. Let's work together to ensure our parks remain safe and beautiful for everyone to enjoy. If you have any questions, please contact the Town Office.



www.townofpenhold.ca 

Not everyone is comfortable around dogs - big or small

No matter how friendly your dog is, they must be kept on a leash in all areas of Penhold



Penhold Volunteer Fire Department Hosts Annual Charity Hockey Game

On Saturday, January 25, the Penhold Volunteer Fire Department held its annual Jim Pendergast Charity Hockey Game, facing off against Corrections Officers from the Bowden Penitentiary.

The event began with a ceremonial puck drop by Mitch Thomson, Executive Director of the Red Deer Food Bank and concluded with a final score of 8-5 in favour of the Bowden Corrections Officers.

The real winner of the evening was the Red Deer Food Bank who received 770 lbs of food and \$925 after the game. Thank you to everyone who attended the game and contributed to this meaningful event!



Do you have a person in your life who may be a hoarder? Hoarding is a condition where a person has persistent difficulty discarding personal possessions. The large amount of possessions fill the home and prevent the normal use of the space. Living space becomes cluttered. It may be unusable. Hoarding brings distress and emotional health concerns.

WHY HOARDING INCREASES FIRE RISKS

- Cooking is unsafe if flammable items are close to the stove or oven.
- Heating units may be too close to things that can burn. They might also be placed on unstable surfaces. If a heater tips over into a pile, it can cause a fire.
- Electrical wiring may be old or worn from the weight of piles. Pests could chew on wires. Damaged wires can start fires.
- Open flames from smoking materials or candles in a home with excess clutter are very dangerous.
- Blocked pathways and exits may hinder escape from a fire.

HOW HOARDING IMPACTS FIRST RESPONDERS

- Hoarding puts first responders in harm's way.
- Firefighters cannot move swiftly through a home filled with clutter.
- Responders can be trapped in a home when exits are blocked. They can be injured by objects falling from piles.
- The weight of the stored items, especially if water is added to put out a fire, can lead to building collapse.
- Fighting fires is very risky in a hoarding home. It is hard to enter the home to provide medical care. The clutter impedes the search and rescue of people and pets.

How Can You Help Reduce the Risk of Fire Injury

- ✓ When talking a person who hoards, focus on safety rather than the clutter. Be empathetic. Match the person's language. If they call it hoarding, then you can call it hoarding.
- ✓ Help the residents make a home safety and escape plan. Stress the importance of clear pathways and exits. Practice the plan often. Exit routes may change as new items are brought into the home.
- ✓ Install working smoke alarms in the home. Test them at least once a month.
- ✓ Reach out to community resources. Talk to members of the fire department to alert them of your concerns. They may be able to connect you with members of a hoarding task force for additional help.



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169



**Penhold Volunteer
Fire Department**

MULTIPLEX RECREATION

PUBLIC SKATING



Sundays

4:00 - 5:15 p.m.

February 2

February 16

February 23

March 2

March 9

The Public Skating schedule may change with short notice, please check website events calendar for updates and changes.

LEARN 2 SKATE

FOR AGES 3-7
BEGINNER LEVEL CLASSES

\$60
PER PERSON



REGISTRATION Now Open

www.townofpenhold.ca/p/learn-2-skate

**JANUARY 2025
to
MARCH 2025**

Monday/Wednesday - 3 class times
Tuesday/Thursday - 2 class times

These classes will aim to develop different skating skills and are intended for children who have no skating experience to some skating experience. The main goal of these classes are to help your child become more comfortable and confident on the ice. Beginner classes will be marked to help distinguish best class options for your child.



FITNESS CENTRE - FEBRUARY DROP-IN CLASSES



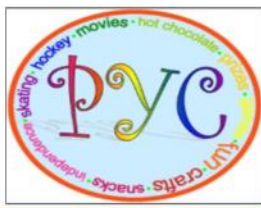
Please remember to cancel 2 hrs prior to class start time or incur a drop-in fee.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9:00am Pump It Up(50mins) 10:00am Stretch & Release (50mins)
2	3 9:00am Full Body Mix and Match (60mins)	4 9:00am Burn & Turn Spin (45mins) 5:30 p.m. Zumba Step (60 mins) 6:45 p.m. TRX Restore (45 mins)	5 9:00am Circuit Circuit (60mins) 12:00pm Midday Yoga Flow 45min) 5:30pm Pilates Fusion (45mins) 6:45pm Burn & Turn Spin(45mins)	6 9:15am 8 Rounds (45mins)	7 9:00am Butts n' Guts HIIT Mix (60mins) 5:30pm Cardio Kick (35min) 6:15pm Stretch & Release (45min)	8 9:00am Pump It Up(50mins) 10:00am Stretch & Release (50mins)
9	10 9:00am Full Body Mix & Match (60mins) 5:30pm IN the Zone (45mins)	11 9:00am Burn & Turn Spin (45mins) 10:00am Yoga-Stretch & Restore (45min) 5:30pm Pump It Up (60mins) 6:40pm Step (45min)	12 9:00am Circuit Circuit (60mins) 10:15am Restorative Stretch & Aromatherapy (45min) 5:30pm Pilates Fusion (45mins) 6:45pm Burn & Turn Spin(45mins)	13 9:15am 8 Rounds (45mins) 5:30 p.m. Zumba Step (60 mins) 6:45 p.m. TRX Restore (45 mins)	14 9:00am Butts n' Guts HIIT Mix (60mins) 10:15am Right On Track (45min)	15
16 CLOSED	17 CLOSED	18 9:00 am Burn & Turn Spin (45mins)	19 8:00am Right On Track (45min) 9:00am Circuit Circuit (60mins) 12:00pm Midday Yoga Flow 45min) 5:30pm Pilates Fusion (45mins) 6:45pm Burn & Turn Spin(45mins)	20 9:15am 8 Rounds (45mins) 5:30 p.m. Zumba Step (60 mins) 6:45 p.m. TRX Restore (45 mins)	21 9:00am Butts n' Guts HIIT Mix (60mins) 6:00pm Fitness Class Sampler (2 Hours)	22 9:00am Pump It Up(50mins) 10:00am Stretch & Release (50mins)
23	24 9:00am Full Body Mix& Match (60min) 5:30pm IN the Zone (45mins)	25 9:00am Burn & Turn Spin (45mins) 10:00am Yoga-Stretch & Restore (45min) 5:30pm Pump It Up (60mins) 6:40pm Step (45min)	26 9:00am Circuit Circuit (60mins) 10:15am Restorative Stretch & Aromatherapy (45min) 5:30pm Pilates Fusion(45mins) 6:45pm Burn & Turn Spin(45mins)	27 9:15am 8 Rounds (45mins) 5:30 p.m. Zumba Step (60 mins) 6:45 p.m. TRX Restore (45 mins)	28 9:00am Butts n' Guts HIIT Mix (60mins)	



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DROPP-IN FEES NEED TO BE PAID AT THE FITNESS CENTRE BEFORE GOING INTO ACTIVITY						1
2 4:00-7:00 p.m. Pickleball	3 10:00-11:30am Drop-In Kid's Gym 1:00-3:30 p.m. Drop-In Skating 3:30-5:00 p.m. Drop-In Youth Open Gym	4 10:00 a.m.- 12:00 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30 p.m. Drop-In Basketball	5 1:00-3:30 p.m. Drop-In Skating	6 9:30-11:00 a.m. Drop-In Kid's Gym 11:30 p.m. - 2:30 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30 p.m. Drop-In Badminton	7 6:30-8:30 p.m. Drop-In Volleyball	8 3:00-4:30 p.m. Drop-In Family Open Gym
9 4:00-7:00 p.m. Pickleball	10 10:00-11:30 a.m. Drop-In Kid's Gym 1:00-3:30 p.m. Drop-In Skating 3:30-5:00 p.m. Drop-In Youth Open Gym	11 10:00 a.m.- 12:00 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30 p.m. Drop-In Basketball	12	13 9:30-11:00 a.m. Drop-In Kid's Gym 11:30 p.m. - 2:30 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30 p.m. Drop-In Badminton	14 3:00-4:30 p.m. Drop-In Youth Shinny 6:30-8:30 p.m. Drop-In Volleyball	15 3:00-4:30 p.m. Drop-In Family Open Gym
16 7:00-8:30 p.m. Drop In Hockey	17 CLOSED	18 10:00 a.m.- 12:00 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30 p.m. Drop-In Basketball	19	20 9:30-11:00 a.m. Drop-In Kid's Gym 11:30 p.m. - 2:30 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30 p.m. Drop-In Badminton	21 2:00-3:00 p.m. No School Open Gym	22 3:00-4:30 p.m. Drop-In Family Open Gym
23 4:00-7:00 p.m. Pickleball	24 10:00-11:30 a.m. Drop-In Kid's Gym 3:30-5:00 p.m. Drop-In Youth Open Gym 4:40-6:00 p.m. Hockey	25 10:00 a.m.- 12:00 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30 p.m. Drop-In Basketball	26	27 9:30-11:00 a.m. Drop-In Kid's Gym 11:30 p.m. - 2:30 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30p.m. Badminton	28 3:00-4:30 p.m. Drop In Youth Shinny 6:30-8:30 p.m. Drop-In Volleyball	

CHECK WEBSITE CALENDAR FOR INFO & CHANGES



February 2025 Grades 4-6



PYC is a safe, healthy, supervised environment for youth to hang out and participate in fun, interactive, and age appropriate activities.

In School Time:
Wednesdays 3:00-5:00pm
Fridays 3:00-5:00pm

Penhold Multiplex, 2nd floor beside Kids Kingdom.

At PYC your voice is heard and you are provided the guidance, resources, and support you need to advocate for yourself and turn your ideas into reality.

Questions?
PYC Youth Coordinator Amanda can be reached @ 403-886-4567 / alindgren@townofpenhold.ca

The Penhold Youth Club registration form can be picked up at the Penhold Municipal Office (2nd Floor, Penhold Regional Multiplex) or during program hours. **NO REGISTRATION COST! PROGRAM IS FREE**

Winter Break February 17th-21st

PYC will be closed during winter break.

Glitter Day—February 26th

There will be glitter tattoos at PYC this day. If you do not want your child to participate please let us know.



5
DIY
Squishy
Night!



12
Watercolor
Art!



7
Heart
Crafts!

14
Comic
Contest

19
NO PYC!

26
Glitter Day!

20

27

21
NO
PYC!

28
Ketchup
Day!

22



February 2025 Grades 7 & 8



PYC is a safe, healthy, supervised environment for youth to hang out and participate in fun, interactive, and age appropriate activities.

In School Times
Mondays: 3:00-5:00pm
Thursdays: 3:00-5:00pm

Penhold Multiplex, 2nd floor beside Kids Kingdom.

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February 17th-21st

NO PYC during Winter break.

February 25th

Special guest at program from right after school until 5pm.

2

3
Ice Cream
Day!



6
Don't Go
Breaking
My Heart



9

10
Glow Day!



2

13
Guess
Who?



16

17
NO PYC!

18

19

20
NO PYC!

21

22

23

24
Holy
Guacamole!

25
Molly.
Simpson @
PYC
* Poster for
details *

26

27
Mario
Kart
Races

28



UPCOMING TEEN NIGHTS

2025



February
04

Mystery Sundaes

What is going to be in your sundae?
Join us at Memorial Hall from 3-5pm to make mystery sundaes.

February
15-16

Wake- Fest 2025

This event requires registration.
Registration is due February 7th and spots are limited.

February
25

Beyond The Finish Line: Molly Simpson

Join local Olympian Molly Simpson for inspiring talk on Purpose Mapping.

Teen Night is for youth in grade 9-12.
For more information contact Amanda at
alindgren@townofpenhold.ca or 403-886-3269.



Your Resource Connection: Services & Supports

For more information & resources, contact: Jamie Seiyama or Jennifer Blaylock with FCSS: fcss@townofpenhold.ca or call 403-886-4567

EMERGENCY

Police, Fire, Ambulance.....	911
Non-Emergency Innisfail RCMP Line.....	403-227-3341
Innisfail Victim Services	403-227-8555
Poison & Drug Information Service.....	1-800-332-1414

24 HOUR / SUPPORT LINES

Central Alberta Women's Emergency Shelter (CAWES).....	1-888-346-5643
Central Alberta Sexual Assault Support Centre (CASASC).....	1-866-956-1099
Family Violence Info & Bullying Prevention Help Line	310-1818
Helping Elder Abuse Reduction (H.E.A.R.)*not 24 hour.....	403-346-6076
Child Abuse Hotline	1-800-638-0715
Suicide Crisis Helpline.....	988
Mental Health Help Line.....	1-877-303-2642
Rural Distress Line.....	1-800-232-7288
Addiction Help Line.....	1-866-332-2322
Hope for Wellness Help Line (for all Indigenous people).....	1-855-242-3310
Brite Line 2SLGBTQIA+ Support Line.....	1-844-702-7485 (BRITE)
Trans Lifeline.....	1-877-330-6366
Kids Help Phone.....	1-800-668-6868
ConnecTeen.....	403-264-8336

FAMILY

Child Care Subsidy Applications	1-877-644-9992
Family Supports for Children with Disabilities	403-340-5003
McMan Family Resource Network.....	403-227-5580

HOME SUPPORT

Innisfail Helping Hands.....	403-350-9175
Red Deer Helping Hands.....	403-346-7777

HEALTH & WELLNESS

Health Link 24 Hour Line (AHS).....	811
AHS Home Care.....	1-855-371-4122
Innisfail Hospital.....	403-227-7800
Red Deer Hospital.....	403-343-4422
Primary Care Network (PCN).....	403-343-9100
Penhold Medical Clinic	403-573-4828
Penhold IDA Pharmacy	403-886-4466
Penhold Pharmasave.....	403-573-0555
The Lending Cupboard.....	403-356-1678
Canadian Mental Health Association	403-342-2266

FOOD / FINANCIAL ASSISTANCE / HOUSING

Red Deer Food Bank	403-346-1505
Innisfail & Area Food Bank	403-227-0600
Salvation Army.....	403-346-2251
Alberta Supports Contact Centre (Seniors Financial Assistance & Benefits, Assured Income for the Severely Handicapped (AISH) Person with Developmental Disabilities (PDD), Income Support & more)	1-877-644-9992
24HR Emergency Income Support Contact Centre.....	1-866-644-5135
Service Canada Centre	1-800-622-6232 (OCANADA)
Veterans Affairs Canada	1-866-522-2122
Red Deer Housing Authority	403-343-2177

LEGAL / ADVOCACY

Office of the Public Guardian & Trustee (OPGT)	403-340-5165
Office of the Advocate for Persons with Disabilities.....	1-800-272-8841
Community Legal Clinic - Central Alberta	1-877-314-9129
Legal Aid.....	1-866-845-3425

Community Resource Card



We recognize that during stressful or challenging times it may be difficult to locate and access the appropriate community resources.

This resource card provides a starting point.

For access to additional information and referral services, please contact the Town of Penhold
Family & Community Support Services (FCSS) | 403-886-4567

FCSS strives to connect adults, seniors and families to programs and services that help build a strong and resilient community that is healthy, connected and inclusive of socially engaged citizens. We do this through direct programming and providing connections between agencies and organizations that provide programs and services to our residents.





CRAFT CLUB

GRADES 1 - 3

ACTIVATE YOUR CREATIVITY AND IMAGINATION WITH CRAFTS.

Spring 2025 Session Starts:
Monday, February 24

then runs Mar 24, Apr 7, May 3 and Jun 2

4:00 - 5:00 P.M.

Upstairs in the Penhold Multiplex

Registration is required once
for all 5 Sessions.

To Register Contact Jamie:
✉ jseyiyama@townofpenhold.ca
☎ 403.886.3250



Playgroup

for Ages 0-6

Caregiver-supervised,
Drop-in program

Free to attend!

Bikes, slide, tents &
tubes, books, cars,
and lots more to get
your child moving
& socializing!

Wednesdays at
Memorial Hall
9:00-11:00 a.m.

February
5, 12, 26

March
5, 12, 19



LEGO CLUB

GRADES 1 - 3

ACTIVATE YOUR CREATIVITY AND IMAGINATION
BY WITH LEGO BUILDING AND FUN ACTIVITIES.

Spring 2025 Session Starts:
Monday, March 3

then runs Mar 17 & 31, Apr 14 & 28, May 12 & 26 and Jun 9



4:00 - 5:00 P.M.

Upstairs in the Penhold Multiplex

Registration is required once
for all 8 Sessions.

To Register Contact Jamie:
✉ jseyiyama@townofpenhold.ca
☎ 403.886.3250



FAMILY PLAY DAY

February 8

12:30 - 2:30 PM

@ Penhold & District Library

Join Us for a
Gabby's Dollhouse
Family Play Day!

Enjoy
themed activities,
tasty snacks, and
quality time with
your loved ones.

Penhold FCSS with
Penhold & District Library &
Central Alberta Palliative Care
invite you to:



Palliative Ponders Death Café

Bringing people together in a safe, relaxed setting for a casual conversation on all things death, dying and living.

Date: February 5 & April 2

Time: 1:00 p.m.

Penhold & District Library

More info

Penhold FCSS

(403) 886-3288

fcss@townofpenhold.ca



Tech Tips for Older Adults & Seniors



Bring your devices like cell phones & tablets for assistance with your questions!

Date: Wednesdays - February 19, March 12, April 9, May 7, June 11

Time: 1:00 - 3:00 p.m.

- Computer Basics, Phones, Tablets Social Media and more!

Location:
Penhold Seniors Drop In Centre
(3001 Minto St.)

Henday Association for Lifelong Learning will assist with tech issues and questions.

Registration Required

Call FCSS at 403.886.3288 or
Penhold Drop In Centre at 403.550.8533

Home Alone Safety for Kids! Ages 9-12

Saturday, March 22

9:00 AM TO 3:00 PM

*Parents must attend 2:30-3:00pm



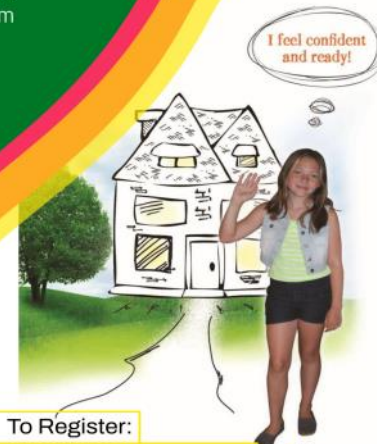
Course Content:

Street Smarts & Bike Safety, People Safety, Routines, Family Rules, Safe Activities, Snacking & Kitchen Safety, Online Safety, Fire Safety, Basic First Aid, Emergencies

Cost: \$30

**Location: Club Room,
2nd floor - Penhold Multiplex**

Payment via
OptionPay online,
or
Town Office -
cash/credit/debit



To Register:

Penhold www.townofpenhold.ca



For more information:

FCSS: (403) 886-3288, jblaylock@townofpenhold.ca

Snow Angels Program



If you see this sign & have the time, please lend a hand and be a Snow Angel this winter season.

If you are in need of a Snow Angel sign, contact FCSS for more information.

403.886.3288 or fcss@townofpenhold.ca





Let Kindness Grow

CKNW KIDS' FUND

PINK SHIRT DAY

WEDNESDAY, FEBRUARY 26, 2025

PRESENTED BY



#LetKindnessGrow

**SNACKS
PROVIDED**

ADULTING UNLOCKED



ESSENTIAL LIFE SKILLS
FOR BECOMING AN ADULT
FOR AGES 16-20



Join us for a fun and interactive
series of workshops where we will
tackle essential life skills.

Get ready to level up your adulting game!

LEVEL SIX:

**FIX-IT FUNDAMENTALS:
DIY HOME REPAIRS**

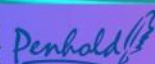
**FEB
26**

3:30 - 5:00 PM

**@ PENHOLD &
DISTRICT LIBRARY**



Penhold
District Library



Contact:
jseyiyama@townofpenhold.ca
or the Library to register

BEYOND THE FINISH LINE: MOLLY SIMPSON ON PURPOSE AND INTENTION



Join local Olympian Molly Simpson for an
inspiring talk on Purpose Mapping.

Molly will share her journey as an elite athlete and
teach you how to map out your own path to success.

Don't miss this opportunity to learn from a champion!

Tuesday, February 25

3:30 to 5:00 p.m.

Penhold Multiplex Club Room

**Grades
7 - 12**





Penhold & District Library

403.886.2636 | penholdlibrary@prl.ab.ca | prl.ab.ca/penhold

[f @penholdlibrary](#) | [@penhold.library](#)

Drop-in Valentine's Day Craft

COME BY during library hours the week of **February 11-14** and make a special Valentine's Day craft

BEGINNER UKULELE LESSONS WITH KALYNA

AGES 5-12 WEDNESDAY EVENINGS

HOSTED BY THE PENHOLD LIBRARY

CONTACT THE LIBRARY FOR MORE INFORMATION

STORY AND CRAFT Drop-in

Choose your day **Tuesdays or Thursdays 11am**

BABY Bookworms

TUESDAYS 10AM AGES 0-2

NO BOOKWORMS ON FEB 18

The Book Club

February's Book **I'm Glad My Mother Died** by Jennette McCurdy

1pm | Wednesday February 5th

CREATE KIDS

DESIGN AND CREATE YOUR OWN EMBROIDERY

Week 1: Design Embroidery
Week 2: Stitch Design
Week 3: Finish Project

Brianna and Sophia will help you design and create your own custom embroidery

Through 3 sessions, you will draw out your design and enjoy two weeks stitching your creation with all the supplies provided

LIMITED SPACES REGISTER TODAY!

Register for all 5 sessions for just \$5/child

Wednesdays March 5-19 6PM TO 7PM AGES 8+

LOVE BUG BOOGIE VALENTINE CRAFT AT THE LIBRARY

February 15 Open to everyone

Whether you're coming for the dance or just to visit, we'll have the supplies ready all day for you to craft a very Valentine creation

CREATE WEDNESDAYS 6PM

CREATE COMMUNITY COLLABORATE

Little LEARNERS

Enjoy an hour of special family time **Fridays | 10-11AM | AGES 0-6**

Mar 7 - Apr 11

Space is limited - Register today

30 MINUTES of storytime with lots of songs, rhymes, and instruments

30 MINUTES of STEM-based learning with crafts and sensory stations

RED HOT SCIENCE

REGISTER TODAY!

FRIDAY, MARCH 7

AGES 7-10 **ECOSYSTEM IN A JAR 10:30AM - 11:30AM**

AGES 10-14 **BEATS PER MINUTE 1PM - 2:30PM**

Spice CLUB Blends

Pick up a new **Spice Blend package** on the first Wednesday of every month

♥ PASSIONATE ABOUT COMMUNITY ♥

10-5 TUE | 10-8 WED | 10-5 THU | 10-5 FRI | 10-3 SAT

MEAT DRAW PENHOLD TAVERN FRIDAYS 7 - 8PM

HOSTED BY **PENHOLD OPTIMIST CLUB**

Proceeds provide programs for youth



Regular Meat Draws Every Friday 7-8 pm

6 Meat Draws

5 Liquor Ticket Draws
TICKETS \$1.00 EACH

VOLUNTEER CLUBS FOR FEBRUARY

Feb 7---Jesse Duncan Parent Council

Feb 14---Penhold & District Optimist Club

Feb 21---(PSAC) Community Ties

Feb 28---Penhold Museum Society

bgc PENHOLD

PD DAY CLUBS

\$20 A DAY
9:00AM-5:00PM
PENHOLD MEMORIAL HALL



JAN 30
MAR 21
MAY 2

SIGN UP FOR AS
MANY AS YOU WISH



GRADES 1-4

**YOUTH
HQ**

FOR MORE INFO
BGC@YOUTHHQ.CA
YOUTHHQ.CA

REGISTER HERE



Momentum Fundraising

Penhold Elementary Schools (PES & JDES) are
doing a fundraiser this winter in support of
the new Waskasoo Middle School Playground!

DISCOUNT CARD FUNDRAISER



\$20/CARD- TONS OF SAVINGS!

The card has many reusable offers that can be
used throughout the year! Plus there are 19 break
off coupons that offer extreme discounts!

GET YOUR CARD BEFORE THEY SELL OUT!

For more information or to order a Card contact:
jdschoolcouncil@gmail.com

Jessie Duncan Parent Society

JESSIE DUNCAN PARENT SOCIETY PRESENTS

LOVE BUG BOOGIE

FEBRUARY 15
PENHOLD MULTIPLEX
FAMILY DANCE

2:00PM - 5:00PM

\$5 PER PERSON
ONLINE PURCHASE ONLY LINK BELOW
(UNDER 1 FREE)



ONLINE PURCHASE ONLY

JESSE-DUNCAN-PARENT-SOCIETY.TICKETLEAP.COM/LBB25

PENHOLD
SEASONAL
INDOOR MARKET

10 a.m. to 4 p.m.
 Saturday Feb. 8
 &
 Sunday Feb. 9

FOLLOW US ON  **facebook** For more info contact:
 michellesmisc20@gmail.com

FEBRUARY  **PENHOLD SENIORS DROP-IN CENTRE**
 3001 Minto Street, Penhold, AB T0M 1R0
 Office: 403-886-2999 (Tue/Thu 2-4pm)
 Info: 403-550-8533 (Linda)
 Booking: 403-396-0074 (Debbie)
 Email: penholddropincentre@gmail.com

HAPPY VALENTINES DAY

Planned Activity-Feb 19 from 1-3 pm
 Join us for Free help with your
 Cell Phone, Laptop or Tablet or
 Social Media problems

DROP IN GENERAL MEETING FEB 11--2 PM

JOIN THE DROP IN CENTRE **RENT DROP IN CENTRE**
 Age 30+ can join--- \$25/yr \$150/DAY or \$35/hr
 Includes Multiplex Walking Track for a yr Bookings
 Coffee \$2 Tues/Thur 2-4 pm 403-396-0074

BINGO

3	18	32	51	69
12	29	40	60	61
7	30	FREE SPACE	55	74
5	22	38	53	68
13	26	43	59	60

WEDNESDAYS 7:00-9:00 PM
DOOR OPEN 6:30PM
TO BUY CARDS
CASH ONLY
MUST BE 18 TO PLAY

2 VALENTINES DAY JACKPOTS
FEBRUARY 12
GUARANTEED EACH BE \$300.00 PLUS

GARAGE SALE
 We are taking donations, everything except furniture for our May Garage sale dates to be announced

THANK YOU TO ALL THE VOLUNTEERS WHO HELPED AT THE DROP IN SINCE I BROKE MY WRIST

Golden Circle Outreach
Penhold



Outreach Services Available:

- Alberta Senior Benefits
- Assistance with Government Forms
- Referrals for Tax Assistance
- Home Maintenance Services
- Homestyle Frozen Meal Program
- Housing Resource List
- Information and Referral Services
- Supportive Medical Transportation

Toll Free Elder Abuse Line
 1 (877) 454-2580
 Monday to Friday, 8:30am-4:30pm

For more information contact
 Outreach Coordinator:
 (403) 343-6074



Walk-In's at
Penhold & District Library
Anytime Between:
10:00am-12:00pm

Thursday, January 16th, 2025
 Thursday, January 30th, 2025
 Thursday, February 13th, 2025
 Thursday, February 27th, 2025
 Thursday, March 13th, 2025
 Thursday, March 27th, 2025

COMING SOON... PENHOLD MUSEUM MINI GOLF

If you are interested in volunteering or want to be a sponsor, email us today

penholdmuseumsociety@gmail.com

Your Logo Here





**Visit us today for
individualized
health care**

PENHOLD PHARMACY
#3-1380 Robinson Ave
Penhold, AB T0M 1R0
(403) 886-4466

Mon-Fri: 9AM - 7PM

Saturday: 10AM - 5PM

Sunday: 11AM - 4PM

Our pharmacy services:

- Prescribing Pharmacist Available
- Medication Review
- Travel Consultation
- Vaccination and Immunization
- Free Prescription Delivery
- Blister Packaging
- On-Site Strep Throat Testing
- On-Site TB Testing
- Blood Pressure Monitoring



**For more details or to book
an appointment, contact our pharmacy.**



Penhold Church of **HOPE**

Bringing the
hope of Jesus Christ
to the
community of Penhold

Join us for
Sunday morning worship services
at 10:30am

For more information, programs, and events for all ages, visit
penholdchurchofhope.com
📺 📱 Penhold Church of Hope

2022 Minto Street
office@penholdchurchofhope.com

KINETIC LEGAL SERVICES

Personalized Service. Flat Fee Pricing.

-- WILLS --

-- REAL ESTATE --

-- NOTARIES --

For more information, contact us today!

Crystal Schening, B.A., J.D.
Lawyer and Notary Public
PO Box 1012
Penhold, AB T0M 1R0

Call/Text: 587-802-3113 Fax: 1-888-492-2113

Email: info@kineticlegalservices.ca

Website: kineticlegalservices.ca



PHARMASAVE

Penhold Compounding Pharmacy

Pharmasave Penhold pharmacists can
assess & prescribe
for many common minor health ailments

Contact or Visit Us Today



2 HawkrIDGE Blvd, Penhold, AB T0M 1R0 | 403.573.0555
Mon - Fri: 9AM - 7PM | Sat: 10AM - 5PM | Sun: 12PM - 4PM

- ✓ Point of Care Testing
 - Strep A, UTI, Blood Pressure, Blood Glucose, Covid (Rapid & PCR) Testing
- ✓ Travel Medication Provider
 - Pre-travel consultations, vaccination & medications.
- ✓ Injection Services
 - Shingles, Pneumonia, Vitamin B12 injections, Depo Provera Injections, Covid 19 vaccinations, Influenza vaccinations, & Tdap injections
- ✓ Compounding Services
 - Creating personalized medications to meet your specific needs. Personalized creams, ointments, syrups, suspensions.
- ✓ Home Health Centre
 - Breast Pumps and Breastfeeding supplies, Support stockings, Drug Test Kits, Daily Living aids, Footcare, Ostomy care, Incontinence, Wound Care, Bathroom Safety, Mobility Equipment and more!



SNOW SEASON REMINDERS

The Operations staff make every effort to ensure our streets are clear of snow and ice during the winter months.

Snow plowing and/or removal on streets will be started after a heavy snowfall (15cm) or once accumulations have reached 15cm.

The priority areas are as follows:

- 1** PRIORITY ONE includes main thoroughfares and bus routes.
- 2** PRIORITY TWO includes businesses, streets and avenues.
- 3** PRIORITY THREE includes Closes, Courts and Places. These are cleared once all other major areas are complete.

The Priority Map is available on Town website

