

REPORTER

THE PENHOLD



WE ARE HERE

real winter
so cold only penguins are happy

winter 2.0
Old Man Winter is back with determination

third winter
at least it isn't dark at 4:30 anymore

one last kick at winter
someone put away their snow shovel too soon

fake spring
warms up just enough
PenX students trade flannel pants for shorts

spring of deception
roads & sidewalks get icy, the outdoor rink gets slushy

fool's spring
turns the roads into a mucky mess, only Len at Suds-Station is happy

Hello Spring

WELCOME TO:

Always

Choose

C

If you notice a frozen storm drain, what should you do?

- a) Grab a blow dryer & try to thaw it
- b) Go on social media and complain about it
- ☒ c) Contact the Town through E-Service, email or phone call so crews can come with the steamer and thaw the drain

When Town owned sidewalks / pathways become icy from the freeze thaw cycle, what can you do?

- a) Grab a flame thrower and melt the ice (don't try this at home)
- b) Go on social media and complain about it
- ☒ c) Contact the Town through E-Service, email or phone call so staff can come address the situation
- d) Head over to the Fitness Centre and walk on the indoor track (this is available at No CHARGE to members of the Penhold Drop-In Centre)

This time of year the daily thaw / freeze cycle can cause issues with frozen drains and ice anywhere in Penhold. Operations crews are out proactively working to mitigate problems, if you see something, please let us know so we can fix it!

March 2025

Issue #25--03

403.886.4567

www.townofpenhold.ca

Penhold Reporter

/townofpenhold



@townofpenhold

COUNCIL CORNER

Key Notes From February 10 Council Meeting

Council Workshop:

There was a walk through on the process of developing vacant lands with Council. The process is extensive and identifies nine steps that requires a new development of lands. The first seven steps outline land preparations for building neighbourhoods and the final two steps outline the builders' responsibilities. This is a good guide for new developers in Penhold into the future.

Council Meeting:

CAO Binnendyk identified there has been a rumour the old Penhold School was being repurposed. This is not true. This building is set to be demolished in November of 2025 once the students are in the new school. Future use of the site has not yet been identified.

E-billing for utility accounts has gone up by 50 plus accounts. 43% of residents receive their utility bills via e-billing.

Council went through the Town's Strategic Planning document and 2025 Economic Development Initiatives & Tasks. The Town has completed a substantive number of the items identified. The outstanding items will be mostly completed in the next few months. An up-to-date listing is posted on the town website.

Council approved Administration to move forward on the Offsite Levy updates. This will include bringing the document to current year's calculations and incorporating the new intersectional upgrades into the document.

Penhold & District Library forwarded a revised 2025 budget to hold the line on expenditures at the same level as last year. This is in light of the school no longer contributing to the joint library usage. Staffing areas will be most affected from the changes and programming.

Council approved the Town's support of the June 13 - 15 Daines Pro Rodeo event by sponsoring the Mutton Bustin' event.

Key Notes From February 24 Council Meeting

A presentation was made to Council for consideration of local groups who wish to use ice time in Penhold and appear to have difficulty in getting time slots. They are hopeful to grow hockey in Penhold and require help in doing so. Council instructed Administration to draft a policy for consideration to ensure that there is ice time available for local kids to play in Penhold.

With the recent upsurge for E-Billing on utility accounts Council asked if administration could continue to promote, and possibly have incentives to encourage residents to sign up for E-Billing.

2025 Awareness Days calendar was presented to Council with 28 specific days identified.

In January there were 20 emergency calls: 12 Rescue and EMS, 6 Alarms, 1 Good Intent and 1 Fire.

Penhold hosted a Joint Force Operation in January that saw multiple CPOs from mutual aid communities collaborating with Penhold's team to setup a speed enforcement zone.

In January, there were 59 enforcement occurrences reported, and 53 violations were issued. Most common issues: Failure to remove snow (24) Animal Control (5), Parking violations (21), Speeding (6), No seatbelt (4).

The Provincial Highway Intersection Improvement Report from Alberta Transportation was presented to Council. This report was requested by Administration to identify infrastructure requirements to sustain traffic operations to accommodate projected municipal growth over the next three decades.

Key points to this report were:

- Eight (8) highway intersections have been identified within Penhold.
- Total cost for the intersections at full buildout anticipated to be \$50.22 million.
- Municipal costs identified to be \$17.78 million
- Joint urban / rural costs identified at \$3 million
- Provincial contribution of \$32.44 million.

It should be noted that the timing can have an impact on the development cost. This report projects 30 years plus.

Bylaw 834/2025 Business Licensing Bylaw received 3rd and final reading.

Councillor Galisky moved that the town purchase and install a camera system at the Lincoln Recreation Centre. If there is vandalism occurring, it is important to find and catch the culprits. This cost is to be added to the 2025 budget costs.

Respectfully,
Mayor Mike Yargeau



Upcoming Council Meetings:
Monday March 10, 2025
Monday March 24, 2025

Meetings begin at 6:00 p.m. in person & livestreamed through the Town of Penhold website.

The Town of Penhold Council Meetings are now being recorded and will be made available for viewing on the Town of Penhold YouTube channel by midweek following each meeting. The recordings will be available for viewing until the day of next Regular Council Meeting.



**Municipal Election will be Monday
October 20, 2025**

Nomination Packages and other information available on Town of Penhold website.

Nomination Day Deadline is Monday September 22, 2025 at 12:00 p.m.



Mayor's YOUTH RECOGNITION *award*

ABOUT THE AWARD

The Mayor's Youth Award will recognize youth within Penhold for their citizenship contributions to our community through public service or voluntary efforts.

Past Recipients:

2022 Logan Windebank

2023 Nathen Young

2024 Adele van Donkelaar

ELIGIBILITY CRITERIA

Grade 7-12 student who resides in Penhold AND

- ★ Volunteers time within the community OR
- ★ Acts in good will to help others OR
- ★ Displays strong character and inspires others OR
- ★ Promotes community compassion in a personal way

NOMINATION PROCESS

Anyone 18 years of age or older can nominate a Penhold Youth for this award using the nomination form on the Town website.

Nominations will be accepted March 15-April 15.

NOMINATIONS OPEN MARCH 15 - APRIL 15, 2025

WWW.TOWNOFPENHOLD.CA

Penhold

OPERATIONS

Frozen Catch Basins

When spring arrives, it comes along with many puddles forming around Town.

The Operations Department does their best to minimize large puddles around Penhold but, with the temperatures dipping below zero each night it is inevitable some of the catch basins will freeze up each night and must be steamed daily to thaw them and get them running again.

We understand there are catch basins frozen in many areas of Town, please be patient as we work through thawing them. We give priority to those with water surrounding them having the potential to damage property. If you come across any flooding or puddles as a result of a frozen drain, please report it to the Town by calling the office (403-886-3282) emailing info@townofpenhold.ca with the location or by submitting an E-Service Request through the Town's website (www.townofpenhold.ca)



Storm Ponds Are Not For Recreational Use

Storm ponds are working facilities that are unsafe for **ALL** forms of winter recreation including sledding, skating, hockey, cross-country skiing, and walking. Stay off the ice as there may be a present danger of thin ice, people and pets can, and have, fallen through the ice.

Water is diverted into a retention pond by a network of underground pipes connecting the storm drains to the pond. This system allows large amounts of water to enter the pond, and the outlet lets out small amounts of water as required. This movement of water creates ice that can appear thick at the top but is thin within the area the water is flowing underneath. The Operations staff do not measure ponds for ice depth throughout the winter as these depths can fluctuate throughout the whole pond surface.

Did you know?

- Storm retention ponds are typically warmer and more turbulent than natural bodies of water, resulting in faster melting of ice.
- The water contains road salt due to 'run off' from roads, parking lots and sidewalks. This salt also contributes to faster melting ice.
- Storm ponds retain groundwater year- round. Water below the surface is constantly moving, which means it does not freeze as evenly as natural bodies of water.

These storm retention ponds include Palisades, Lucina Street, behind the Multiplex / school, Community Hub pond, Lift Station 1 (Waskasoo Lift Station) and east of the roundabout by Fas Gas.





Elm Tree Pruning

If you have Elm trees, the time for pruning is between October 1 and March 31 each year to help reduce the spread of Dutch Elm Disease (DED). When you prune your elm trees, ensure proper disposal by taking branches to the landfill, burying or burning them. For more information or if you have any further questions, please contact Operations at 403-886-3282.

Alleys

The purpose of alleys is for overland drainage. Alleys are not listed as a priority and not maintained on a regular basis. Should alleyways become impassable, they may be cleared as time permits. All alleys are graded minimally twice yearly.

Tips for Proper Drainage

Create a sump pit and install a sump pump with reliable back up power; ensure pumps are operational. Make sure your lot is graded to aid drainage away from your home.

Ensure sump hoses and down spouts are directed at least 6 feet away from your home's foundation.

It is illegal to have any storm drainage discharging directly into the sewer system, check sump pumps for illegal connections. If they exist have them removed immediately as the extra flow can overload the sewer system and create sewer backups in your house.



RV Park

Town of Penhold RV Park will be open from May 2 to October 13, 2025. Bookings will open on March 3, 2025.

Yard Waste Bins

Penhold RV Park Rates	Daily	Weekly	Monthly	Seasonal	Fall Festival Sept. 5-7, 2025
30 AMP RV	\$40	\$280	\$950	\$4,430	\$30
50 AMP RV	\$50	\$315	\$1,000	\$4,800	\$30
30 AMP TENT	\$35	\$210	\$700	\$3,000	\$30

The Yard waste bins will be located on the north side of town near where the new Public Services Building will be built. From Hwy 42 heading north along Waskasoo Ave, they are on the east side just after the Oxford Reservoir. Weather permitting the bins will be ready for mid April.

To Flush or Not to Flush

Just because the package says "flushable" doesn't mean it's true. Many items marketed as disposable and/or flushable do not degrade like toilet paper, and they wind up clogging pipes, tangling pumps and causing sewer backups into streets, businesses and homes.

Our sewers are designed to dispose of very specific things. Using your toilet for disposal of many modern products will often result in blockages. The drains that connect your home to the main sewer are only big enough to carry water, toilet paper and human waste – pipes are typically 4 inches.

Operations Staff maintain the sewers to ensure we always have free flowing wastewater disposal. Please consider them and their safety when choosing to flush or not to flush.

To Flush or Not to Flush?



The following items should not be flushed:

- Diapers (cloth, disposable, "flushable")
- Facial tissues
- Baby wipes, disinfectant wipes, moist wipes, etc.
- Toilet bowl scrub pads
- Swiffers
- Napkins (paper or cloth), paper towels
- Dental floss
- Egg Shells, nutshells, coffee grounds
- Fats, oils, and greases
- Food items containing seeds and peelings
- Hair
- Sanitary napkins, tampons, condoms, or any non-organic material
- Vitamins, medicines, or other pharmaceuticals
- Wash cloths, towels, rags (any cloth item)
- Clothing
- Sheet plastic, or plastic of any kind
- Needles or other sharp objects
- Cigarette butts

Penhold

**SOMETIMES
YOU NEED
PAPER...**



**...YOUR
UTILITY BILL
DOES NOT**

SIGN UP FOR E-BILLING AND GO PAPERLESS

www.townofpenhold.ca

Now is the time to get your Town of Penhold Utility Bill in your email inbox instead of your mailbox.

It is quick and easy to set up E-Billing for your monthly utility bill using the online guide found on the Town website. Save yourself the hassle of paper bills by having your bill come directly to your email each month.

Want to learn more?

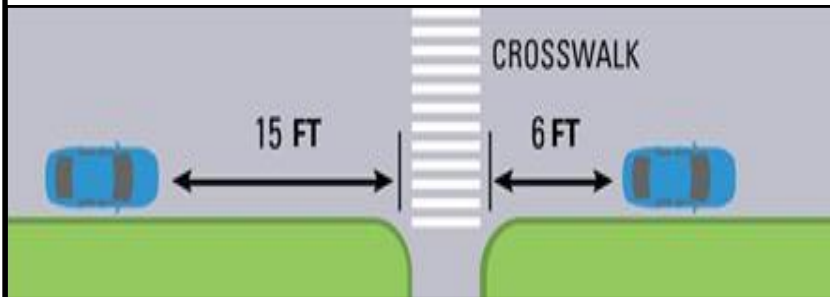
Call Public Works at 403-886-3282 or

Email: pwsupport@townofpenhold.ca

School zone & crosswalk parking reminders

Reminders to Drivers:

- Pedestrians have the right of way until they are safely off the road
- Crosswalks help get children safely across the street to school. Once a child has indicated their intention to cross the street they have the right of way whether the crosswalk is marked or not.
- It is important as a parent to ensure you are parked 15 feet away from a crosswalk or corner so drivers can see pedestrians and the kids can identify vehicles approaching.



Parking distances

- Fire hydrants should have 15 feet clearance on either side of the hydrant.
- Stop/Yield signs require 15 feet of clearance.
- Parking 1.5 meters from a driveway is enforced so no one gets trapped in their own driveway



Walkways must be kept clear of both snow and ice. Please make sure your walkways are safe for people out enjoying the mild weather.

Keep sidewalks clear of snow & ice

The Community Peace Officers would like to remind all residents to make sure their walkways are not covered in ice during the freezing and thawing temperatures.

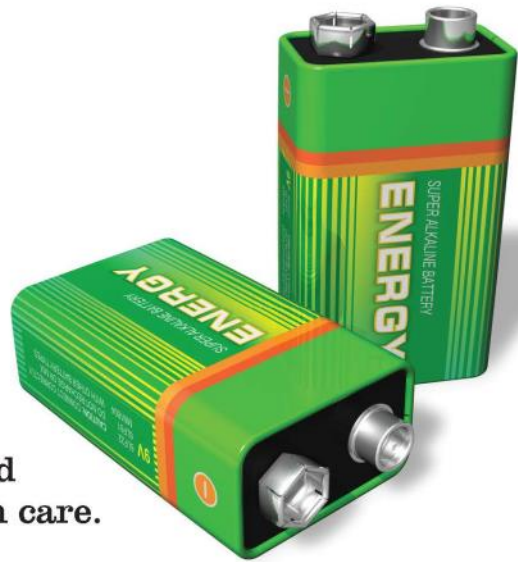
Please keep your walkways clear of ice for everyone to safely stay active in our community.

Residents and businesses have 72 hours to clear snow from walkways after a snowfall. During warmer weather with melting and freezing, please make sure your walkways are clear of ice as well.

Tickets will be issued to properties not in compliance with the snow / ice clearing expectations.

9-volt Battery Safety

9-volt batteries power our smoke alarms, household items and toys. They can be found in most homes. But these batteries can be a fire hazard if not stored safely or disposed of with care.



The problem

- » 9-volt batteries can be dangerous. The positive and negative posts are close together. If a metal object touches the two posts of a 9-volt battery, it can cause a short circuit. This can make enough heat to start a fire.
- » It is unsafe to store 9-volt batteries in a drawer near paper clips, coins, pens, or other batteries. Do not store common household items such as steel wool, aluminum foil, and keys near 9-volt batteries. If these items touch the two posts, there is a greater risk of a fire starting.
- » Weak batteries may have enough charge to cause a fire. Some fires have started in trash when 9-volt batteries were thrown away with other metal items.

Storing 9-volt batteries

- » Keep batteries in original packaging until you are ready to use them. If loose, keep the posts covered with masking, duct, or electrical tape. Prevent the posts from coming in contact with metal objects.
- » Keep them someplace safe where they won't be tossed around.
- » Store batteries standing up.
- » 9-volt batteries should not be stored loose in a drawer. Do not store them in containers with other batteries.

Disposal

- » 9-volt batteries should not be thrown away with trash. They can come in contact with other batteries or pieces of metal.
- » 9-volt batteries can be taken to a collection site for household hazardous waste.
- » To be safe, cover the positive and negative posts with masking, duct, or electrical tape before getting rid of batteries.

9-VOLT BATTERY STORAGE

Keep batteries in original packaging until you are ready to use them. If loose, keep the posts covered with masking, duct, or electrical tape. Prevent the posts from coming in contact with metal objects.



www.nfpa.org/education ©NFPA 2016



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169



**Penhold Volunteer
Fire Department**

MULTIPLEX RECREATION

Penhold

MARCH PUBLIC SKATING

Sunday Mar. 2
4:00 - 5:15 p.m.

☘ Sunday Mar. 9
2:30 - 3:45 p.m.

Sunday Mar. 23
2:30 - 3:45 p.m.

☘ Sunday Mar. 30
4:00 - 5:15 p.m.



The Public Skating schedule may change with short notice, please check website events calendar for updates and changes.

DROP-IN PICKLE BALL

Tuesdays 55+ 10:00 a.m. - 12:00 p.m.

Thursdays 55+ 11:30 a.m. - 2:30 p.m.

Fridays 3:30 a.m. - 5:30 p.m.

Sundays 4:00 p.m. - 7:00 p.m.



Check Drop-In Recreation
Calendar for pricing & details
www.townofpenhold.ca

FITNESS CENTRE - MARCH DROP-IN CLASSES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Please remember to cancel 2 hrs prior to class start time or incur a drop-in fee.						1 9:00am Full Body HIIT Mix (60min)
2 9:00am Full Body Mix & Match (60min) 5:30pm IN The Zone (45min) 6:30pm TRX (45min)	3 9:00am Full Body Mix & Match (60min) 5:30pm IN The Zone (45min) 6:30pm TRX (45min)	4 9:00am Burn & Turn Spin(45min) 10:00am Power & Conditioning (60min) 5:30pm Pump It Up (60min) 6:40pm Step (45min)	5 9:00am Muscle Up Express (45min) 12:00pm Midday Yoga Flow (45min) 5:30pm Pilates Fusion (45min) 6:45pm Burn & Turn Spin (45min)	6 9:00am 8 Rounds (45min) 5:30pm Zumba Step(50min) 6:30pm Circle Mobility (30min)	7 9:00am Butts n' Guts HIIT Mix (60min) 10:15am Right On Track (45min) 5:30pm Cardio Kick (45min) 6:20pm Stretch & Release (40min)	8 9:00am Pump It Up (50min) 10:00am Stretch & Release (50min)
9 9:00am Full Body HIIT Mix (60min) 5:30pm IN The Zone(45 min) 6:30pm Pilates Fusion (45min)	10 9:00am Full Body HIIT Mix (60min) 5:30pm IN The Zone(45 min) 6:30pm Pilates Fusion (45min)	11 9:00am Burn & Turn Spin(45min) 10:00am Yoga–Stretch & Restore (45 min) 5:30pm TRX (45min) 6:30pm Circle Mobility (30min)	12 9:00am Muscle Up Express (45min) 5:30pm Hot Beats (45min) 6:45pm Burn & Turn Spin (45min)	13 9:00am 8 Rounds (45min)	14 9:00am Butts n' Guts HIIT Mix (60min) 5:30pm Cardio Kick (45min) 6:20pm Stretch & Release (40min)	15 9:00am Pump It Up (50min) 10:00am Stretch & Release (50min)
16 9:00am Full Body HIIT Mix (60min) 5:30pm IN The Zone (45min) 6:30pm Pilates Fusion (45min)	17 9:00am Full Body HIIT Mix (60min) 5:30pm IN The Zone (45min) 6:30pm Pilates Fusion (45min)	18 9:00am Burn & Turn Spin(45min) 10:00am Power & Conditioning (60min) 5:30pm Pump It Up (60min) 6:40pm Step (45min)	19 9:00am Muscle Up Express (45min) 12:00pm Midday Yoga Flow (45min) 5:30pm Hot Beats(45min) 6:45pm Burn & Turn Spin (45min)	20 9:00am 8 Rounds (45min) 5:30pm Zumba Step (50min) 6:30pm Circle Mobility (30min)	21 9:00am Butts n' Guts HIIT Mix (60min) 5:45pm Right On Track (45min)	22 9:00am Cardio Kick (45min) 10:00am Stretch & Release (50min)
23/30 9:00am Full Body HIIT Mix (60min) 5:30pm IN The Zone (45min) 6:30pm Pilates Fusion (45min)	24/31 9:00am Full Body HIIT Mix (60min) 5:30pm IN The Zone (45min) 6:30pm Pilates Fusion (45min)	25 9:00am Burn & Turn Spin(45min) 10:00am Yoga–Stretch & Restore (45 min) 5:30pm TRX (45min)	26 9:00am Muscle Up Express (60min) 5:30pm Hot Beats(45min) 6:45pm Burn & Turn Spin (45min)	27 9:00am 8 Rounds (45min) 5:30pm Zumba Step (50min) 6:30pm Circle Mobility (30min)	28 9:00am Butts n' Guts HIIT Mix (60min) 10:15am Right On Track (45min)	29

Class descriptions available on Town website calendar www.townofpenhold.ca/penhold-fitness-centre



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DROP-IN FEES NEED TO BE PAID AT THE FITNESS CENTRE BEFORE GOING INTO ACTIVITY						
2 4:00-7:00 p.m. Pickleball	3 10:00-11:30am Drop-In Kid's Gym 1:00-3:30 p.m. Drop-In Skating 3:30-5:00 p.m. Drop-In Youth Open Gym	4 10:00 a.m.- 12:00 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30 p.m. Drop-In Basketball	5 1:00-3:30 p.m. Drop-In Skating	6 9:30-11:00 a.m. Drop-In Kid's Gym 11:30 a.m. - 2:30 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30 p.m. Drop-In Badminton	7 2:00-3:00 p.m. No School Open Gym 3:00-4:30 p.m. Drop-In Youth Shinny 3:30-5:30 p.m. Pickleball 6:30-8:30 p.m. Drop-In Volleyball	8
9 4:00-7:00 p.m. Pickleball	10 10:00-11:30 a.m. Drop-In Kid's Gym 1:00-3:30 p.m. Drop-In Skating 3:30-5:00 p.m. Drop-In Youth Open Gym	11 10:00 a.m.- 12:00 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30 p.m. Drop-In Basketball	12 1:00-3:30 p.m. Drop-In Skating	13 9:30-11:00 a.m. Drop-In Kid's Gym 11:30 a.m.-2:30 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating	14 3:30-5:30 p.m. Pickleball 6:30-8:30 p.m. Drop-In Volleyball	15 3:00-4:30 p.m. Drop-In Family Open Gym
16 4:00-7:00 p.m. Pickleball	17 10:00-11:30 a.m. Drop-In Kid's Gym 1:00-3:30 p.m. Drop-In Skating 3:30-5:00 p.m. Drop-In Youth Open Gym	18 10:00 a.m.- 12:00 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30 p.m. Drop-In Basketball	19 1:00-3:30 p.m. Drop-In Skating	20 9:30-11:00 a.m. Drop-In Kid's Gym 11:30 a.m. - 2:30 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30 p.m. Drop-In Badminton	21 2:00-3:00 p.m. No School Open Gym 3:00-4:30 p.m. Drop-In Youth Shinny 3:30-5:30 p.m. Pickleball 6:30-8:30 p.m. Drop-In Volleyball	22 3:00-4:30 p.m. Drop-In Family Open Gym
23/30 4:00-7:00 p.m. Pickleball	24/31 10:00-11:30 a.m. Drop-In Kid's Gym 3:30-5:00 p.m. Drop-In Youth Open Gym 4:40-6:00 p.m. Drop-In Hockey	25 10:00 a.m.- 12:00 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30 p.m. Drop-In Basketball	26 1:00-3:30 p.m. Drop-In Skating	27 9:30-11:00 a.m. Drop-In Kid's Gym 11:30 a.m. - 2:30 p.m. Pickleball 55+ 1:00-3:30 p.m. Drop-In Skating 6:30-8:30 p.m. Drop-In Badminton	28 3:00-4:30 p.m. Drop-In Youth Shinny 6:30-8:30 p.m. Drop-In Volleyball	29 3:00-4:30 p.m. Drop-In Family Open Gym

CHECK WEBSITE CALENDAR FOR INFO & CHANGES

WWW.TOWNOFPENHOLD.CA

March 2025

Teen Night

Grades 9-12

**Mar
04**

Taco Tuesday

3:00-5:00pm

Come join us at the PYC Room for some Tacos and games.

Board Games & Pizza

3:00-5:00pm

Grab a friend and come stop by the PYC room for some Pizza and board games.

**Mar
11**

**Mar
18**

Cali Sushi Bowls

3:00-5:00pm

Do you like California Sushi rolls? Well stop by PYC and make your own cali sushi bowls.

Give me a Sign

3:00-5:00pm

At the PYC room tonight we will be designing your own signs for your home.

**Mar
25**



For more information contact Amanda
at alindgren@townofpenhold.ca or
403-886-3269.



Your Resource Connection: Fraud Prevention

For more information & resources, contact: Jamie Seiyama or Jennifer Blaylock with FCSS: fcss@townofpenhold.ca or call 403-886-4567

The easiest ways to avoid tax refund and payment scams?

- ✓ Register for My Account at Canada.ca/my-cra-account to:
 - Check if you owe money or have a refund
 - Sign up for email notifications to get account updates and to know when you have electronic messages
- ✓ Use a unique password for each account.
- ✓ Be suspicious if someone asks you for personal information.
- ✓ Don't share your security codes, user IDs, passwords, or social insurance number.
- ✓ Be cautious before you click on a link.

Visit Canada.ca/be-scam-smart to learn more.

**LISTEN TO YOUR
VOICE OF REASON
BEFORE YOU ACT.**

Government of Canada / Gouvernement du Canada

Canada

Example of a Family Emergency Scam Call

Hi Grandpa, it's me.

Sebastian? Is that you?

Yes, it's me, Sebastian. Grandpa, I'm in trouble, and I need money for bail.

What happened?

Please don't tell Mom or Dad. I'll get in so much trouble.

Please help me!

RED FLAGS: THINGS TO WATCH FOR

- Requests for personal information
- Urgent or threatening language
- Spelling mistakes
- Unexpected emails, Unsolicited calls, Unsolicited friend requests on social media.
- Suspicious attachments in your email
- Astounding mail offers.
- Unprofessional design
- It's just too good to be true.

REPORTING SCAMS & FRAUDS

Those who have not lost money, but believe they have been targeted, should contact the **Canadian Anti-Fraud Centre: 1-888-495-8501**

Local Scams - Contact your local consumers affairs office
www.consumerhandbook.ca

Financial and investment scams - Contact Canadian Securities Administrators www.securities-administrators.ca

Banking and credit card scams - Contact your local bank or financial institution

Spam emails and text messages - Contact the Spam Reporting Centre, www.fightspam.gc.ca

Fraud, theft and other crimes & Identity theft - Contact your local police and the Canadian Anti-Fraud Centre.

OTHER RESOURCES:

- **Alberta Rural Crime Watch:** ruralcrimewatch.ab.ca
- **ATB Fraud Info:** 1-800-332-8383, atb.com/personal/good-advice/banking-and-security-tips/
- **Better Business Bureau:** bbb.org/ca/ab
- **Canada Post:** 1-866-607-6301
- **Canada Revenue Agency – Charities Inquiries Line:** 1-800-267-2384, www.cra-arc.gc.ca
- **Cybertip.ca**
- **Equifax Canada:** 1-800-465-7166
- **Getcybersafe.gc.ca**
- **Service Canada:** 1 800 O-Canada OR 1-800-622-6232
- **Service Alberta:** (see Registries, Drivers/Vehicles, Vital Statistics) (780) 427-4088
- **Passport Canada:** (see Registries, Drivers/Vehicles, Vital Statistics) 1-800-622-6232
- **Transunion Canada:** 1-800-663-9980

The Little Black Book of Scams is available online at www.competitionbureau.gc.ca



CRAFT CLUB

GRADES 1 - 3

ACTIVATE YOUR CREATIVITY AND IMAGINATION WITH CRAFTS.

Spring 2025 Session Starts:
Monday, February 24
then runs Mar 24, Apr 7, May 3 and Jun 2

4:00 - 5:00 P.M.
Upstairs in the Penhold Multiplex

Registration is required once for all 5 Sessions.

To Register Contact Jamie:
✉ jseyiyama@townofpenhold.ca
☎ 403.886.3250



CRAFT & Connect

Join us for some much-needed 'me' time as we get creative together! This month, we'll be creating decoupage wooden signs.

FREE

Tues. March 25
6:00 - 9:00 P.M.
Penhold Multiplex Club Room

TO REGISTER
403.886.4567
fcss@townofpenhold.ca



Playgroup

for Ages 0-6

Caregiver-supervised,
Drop-in program

Free to attend!

Bikes, slide, tents & tubes, books, cars, and lots more to get your child moving & socializing!

Wednesdays at Memorial Hall
9:00-11:00 a.m.

March
5, 12, 19

April
2, 9, 16, 30

Penhold FCSS with Penhold & District Library & *Central Alberta Palliative Care* invite you to:




Palliative Ponders Death Café

Bringing people together in a safe, relaxed setting for a casual conversation on all things death, dying and living.

Date: April 2
Time: 1:00 p.m.
Penhold & District Library

More info Penhold FCSS
(403) 886-3288
fcss@townofpenhold.ca

Snow Angels Program



If you see this sign
& have the time,
please lend a hand
and be a Snow Angel
this winter season.

If you are in need of a Snow Angel sign,
contact FCSS for more information.

403.886.3288 or fcss@townofpenhold.ca



YOU ARE NOT ALONE

**Mental Health
Helpline**
1.877.303.2642

**Rural
Distress Line**
1.800.232.7288

**Suicide Crisis
Helpline**
9.8.8

**Family Violence
Info Line**
403.310.1818

Addiction Helpline
1.866.332.2322

Kids Help Phone
1.800.668.6868

Penhold FCSS
403.886.4567
Ext 3288 or 3250



Tech Tips for Older Adults & Seniors



Bring your devices
like cell phones &
tablets for assistance
with your questions!

Date: Wednesdays - March 12,
April 9, May 7, June 11

Time: 1:00 - 3:00 p.m.

- Computer Basics, Phones, Tablets
Social Media and more!

Registration Required

Call FCSS at 403.886.3288 or
Penhold Drop In Centre at 403.550.8533

Location:
Penhold Seniors
Drop In Centre
(3001 Minto St.)

Henday Association for
Lifelong Learning will
assist with tech issues
and questions.

Tax Guide

Visit www.canada.ca/en/revenue-agency for more information on any of these benefits, credits and deductions including to check eligibility.

INFORMATION FOR ALL CANADIANS

Goods and Services Tax (GST) Credit

- Four times a year, this tax-free payment helps individuals and families with modest incomes offset all or part of the GST they pay. If you have a spouse or common-law partner, just one of you can receive this credit. When you file your 2024 tax return, CRA will determine your eligibility and will advise those who are eligible to receive the credit.

Medical Expense Deductions

- This credit applies to eligible expenses – from home care services, to laser eye surgery, to orthopedics and more. The amount you can claim is the total of your expenses, minus \$2,759 or 3% of the claimant's income (whichever is less). There is no limit on the amount of eligible expenses one can claim for themselves, a spouse or common-law partner or a child under 18.

Canada Carbon Rebate

- This rebate is a tax-free amount. How much you receive depends on your personal living situation and will be paid quarterly as a benefit. Living in Penhold you also qualify for a 20% supplement as you are a resident of a rural community. Tick the box on page 2 of your income tax and benefit return to claim the rural supplement.

Canada Training Credit

- The Canada Training Credit (CTC) is available for eligible tuition and other fees paid for courses taken in 2024 and subsequent tax years. An eligible individual can accumulate \$250 in each year toward their CTC limit, up to a maximum of \$5,000 in a lifetime, which can be accessed the following year to help cover up to half eligible tuition and fees associated with training.

INFORMATION FOR FAMILIES

Child Care Expense Deductions

- You can claim payments you have made to someone who has looked after your child while you either earned an income from employment, operated a business alone or as an active partner, attended school or conducted research. The limit you can claim is up to \$8,000 per child under the age of seven, up to \$5,000 for each child 7 to 16 (and for infirm children over the age of 16), and \$11,000 for any children who are eligible for the Disability Tax Credit.

Canadian Caregiver Credit

- You can claim \$2,616 under the Canada Caregiver Credit if you support a spouse, a common-law partner or a dependent with physical or mental impairment. For your spouse, common-law partner or eligible dependent over 18, you may also claim an additional amount up to a maximum of \$8,375 depending on their income.

Adoption Expense Tax Credit

- This credit is a non-refundable tax credit that allows adoptive parents to claim eligible expenses relating to the completed adoption of a child, up to a maximum of \$19,066 for each child.

Canada Child Benefit

- It is a tax-free monthly payment made to eligible families raising children under 18 years of age.

INFORMATION FOR SENIORS

Home Accessibility Tax Credit

- Seniors age 65+ or persons with disabilities who are eligible for the Disability Tax Credit can claim up to \$20,000 in eligible expenses incurred in relation to a renovation allowing for better mobility/functionality or reducing the risk of harm.

Pension Income Amount & Pension Income Splitting

- Eligible pension income that can be claimed on Line 31400 is \$2,000.
- Pension income splitting allows any Canadian resident who receives a qualifying pension to allocate up to one-half of that income to a spouse (or common-law partner).

Other Senior Tax Information

- The Age Amount allows seniors 65+ to claim up to \$8,790 on line 30100 their 2024 tax return, depending on the individual's net income.
- The age limit for converting Registered Retirement Savings Plans (RRSPs) into a Registered Retirement Income Fund (RRIF) is 71.

INFORMATION FOR WORKING CANADIANS

Canada Workers Benefit

- This benefit is a refundable tax credit that supplements the earnings of low and modest workers. The CWB has two parts: a basic amount and a disability supplement for those living with a disability that qualify.

Canada Employment Amount

- This amount provides most employees of the public and private sector (excluding the self-employed) with help to offset the cost of work-related expenses such as home computers, uniforms and supplies. If you qualify for this amount, you can claim \$1,433.

Educator School Supply Tax Credit

- Eligible educators can claim a tax credit on up to \$1,000 of supply purchases per year on eligible materials purchased for their classrooms.

Volunteer Firefighters' and Search and Rescue Tax Credits

- This is a tax credit based on an amount of \$6,000 for volunteer firefighters who perform at least 200 hours of service per year. The option to claim the exempt amount of up to \$1,000 for honorarium will remain in lieu of the credit, if eligible.

Tradespersons' Tools Deduction

- This tax deduction is for tools that tradespeople have paid for out of pocket to the lesser of \$1000 or the formula used on the CRA website.

Meal Expenses of Long-Haul Truck Drivers

- Meal and beverage expenses of long-haul truck drivers are deductible at a higher rate than 50% permitted for other transportation employees. During eligible travel periods of 2024, meal and beverage expenses are deductible at 80%.

Home Office Expenses

- Eligible employees who worked from home in 2024 are required to use the detailed method to claim home office expenses. Eligibility what is covered and how to calculate expenses can be found on the CRA website.

INFORMATION FOR HOME BUYERS

Home Buyers' Amount & Buyers' Plan

- The credit allows first-time home buyers to claim an amount of \$10,000 on qualifying homes purchased. It's also available to those who are not first-time home buyers but are eligible for the Disability Tax Credit when they purchase a more accessible or functional home.
- The amount first time home buyers can withdraw from their RRSP for a down payment on their first home is \$60,000 or less.



Penhold & District Library

403.886.2636 | penholdlibrary@prl.ab.ca | prl.ab.ca/penhold
f @penholdlibrary | @penhold.library

Little LEARNERS

Enjoy an hour of special family time
Fridays | 10-11AM | AGES 0-6
Mar 7 - Apr 11
Space is limited - Register today

30 MINUTES of storytime with lots of songs, rhymes, and instruments

30 MINUTES of STEM-based learning with crafts and sensory stations

RED HOT SCIENCE

FRIDAY, MARCH 7

AGES 7-10
ECOSYSTEM IN A JAR
10:30AM - 11:30AM

AGES 10-14
BEATS PER MINUTE
1PM - 2:30PM

REGISTER TODAY!

STORY AND CRAFT Drop-in

Choose your day
Tuesdays or Thursdays 11am

BABY Bookworms

TUESDAYS 10AM AGES 0-2

3D PRINT & MAKER SPACE
AIRPLANE EDITION
MARCH 21 & 28

AGES 10+ | 4 OR MORE PER TABLE
SAVE YOUR SPOT
REGISTER TODAY FOR JUST \$5

Design, print, and launch your own slingshot airplanes

HOMESCHOOL 1-2:30PM
AFTER SCHOOL 3:30-5PM

CREATE KIDS

DESIGN AND CREATE YOUR OWN EMBROIDERY

Week 1: Design Embroidery
Week 2: Stitch Design
Week 3: Finish Project

Brianna and Sophia will help you design and create your own custom embroidery

Through 3 sessions, you will draw out your design and enjoy two weeks stitching your creation with all the supplies provided

LIMITED SPACES REGISTER TODAY!
Register for all 5 sessions for just \$5/child

Wednesdays March 5-19 6PM TO 7PM AGES 8+

Golden Circle Outreach
Penhold

Discover the many services for seniors
MARCH 13 & 27 10AM TO 12PM

CREATE WEDNESDAYS 6PM

CREATE COMMUNITY COLLABORATE

The Book Club
March's Book
From Here to the Great Unknown
by Lisa Marie Presley & Riley Keough

1pm | Wednesday March 5th

SAINT PATRICK'S DAY Scavenger Hunt

Visit anytime from **March 11 to 15** and scatter throughout the library on a **St. Patrick's Day scavenger hunt**

Spice CLUB Blends

Pick up a new **Spice Blend package** on the first Wednesday of every month

✕ PASSIONATE ABOUT COMMUNITY ✕

10-5 TUE | 10-8 WED | 10-5 THU | 10-5 FRI | 10-3 SAT



MEAT DRAW PENHOLD TAVERN FRIDAYS 7 - 8PM

HOSTED BY PENHOLD OPTIMIST CLUB

Proceeds provide programs for youth



Regular Meat Draws Every Friday 7-8 pm

6 Meat Draws

5 Liquor Ticket Draws

TICKETS \$1.00 EACH

VOLUNTEER CLUBS FOR MARCH

Mar 7...TIES Community Ties Association

Mar 14...Penhold Soccer Association

Mar 21...Penhold Citizens on Patrol

Mar 28...Penhold Seniors Drop In Society



**COMING
SOON...
PENHOLD
MUSEUM
MINI GOLF**



If you are interested in
volunteering
or want to be a sponsor,
email us today

Your Logo
Here

penholdmuseumsociety@gmail.com

PHARMASAVE

Penhold Compounding Pharmacy

Pharmasave Penhold pharmacists can
assess & prescribe
for many common minor health ailments

Contact or Visit Us Today



2 HawkrIDGE Blvd, Penhold, AB T0M 1R0 | 403.573.0555
Mon - Fri: 9AM - 7PM | Sat: 10AM - 5PM | Sun: 12PM - 4PM

- ✓ Point of Care Testing
 - Strep A, UTI, Blood Pressure, Blood Glucose, Covid (Rapid & PCR) Testing
- ✓ Travel Medication Provider
 - Pre-travel consultations, vaccination & medications.
- ✓ Injection Services
 - Shingles, Pneumonia, Vitamin B12 injections, Depo Provera Injections, Covid 19 vaccinations, Influenza vaccinations, & Tdap injections
- ✓ Compounding Services
 - Creating personalized medications to meet your specific needs. Personalized creams, ointments, syrups, suspensions.
- ✓ Home Health Centre
 - Breast Pumps and Breastfeeding supplies, Support stockings, Drug Test Kits, Daily Living aids, Footcare, Ostomy care, Incontinence, Wound Care, Bathroom Safety, Mobility Equipment and more!

Get your Penhold School End of An Era Shirt



\$25 Youth T-shirt (S-XL)
\$30 Adult T-shirt (S-XXL)
\$40 Youth Hoodie (S-XL)
\$50 Adult Hoodie (S-XXL)

Penhold Elementary (formally Penhold School) is closing its doors after over 60 years. Join us in remembering a special part of our community's history with a commemorative t-shirt or hoodie

Visit Penhold School Parent Council on Facebook or email penholdelementary.schoolcouncil@gmail.com to order

KINETIC LEGAL SERVICES

Personalized Service. Flat Fee Pricing.

-- WILLS --

-- REAL ESTATE --

-- NOTARIES --

For more information, contact us today!

Crystal Schening, B.A., J.D.
Lawyer and Notary Public
PO Box 1012
Penhold, AB T0M 1R0

Call/Text: 587-802-3113 Fax: 1-888-492-2113

Email: info@kineticlegalservices.ca

Website: kineticlegalservices.ca



Love em' & Leash 'em!

There is no off-leash area within Penhold, please keep pets on a leash at all times. By keeping your pet on a leash you can:

- 🐾 Keep dogs safe & parks clean
- 🐾 Prevent bites & fights
- 🐾 Reduce stress for everyone

It's the "leash" you can do, and it's the law too!

 **bgc PENHOLD**

PD DAY CLUBS

\$20 A DAY
9:00AM-5:00PM
PENHOLD MEMORIAL HALL



GRADES 1-4

JAN 30
MAR 21
MAY 2
SIGN UP FOR AS
MANY AS YOU WISH



**YOUTH
HQ**
FOR MORE INFO
BGC@YOUTHHQ.CA
YOUTHHQ.CA

REGISTER HERE



SIGN UP FOR THE 2025 SEASON

BASEBALL & SOFTBALL

ALL SKILL LEVELS WELCOME
PLAYER LEVELS AGE 5 YEARS AND UP

DEADLINE TO REGISTER

- BASEBALL
- SOFTBALL
- "A" / COMMUNITY

APRIL 15, 2025



INNISFAILMINORBALL.COM | REGISTRAR@INNISFAILMINORBALL.COM

Are you going on a trip? Want to be protected while you're away?

Ask our pharmacist about a
travel consultation today.

To book an appointment,
call our pharmacy at (403) 886-4466



PENHOLD PHARMACY

#3-1380 Robinson Ave, Penhold, AB T0M 1R0
(403) 886-4466





Penhold Church of HOPE

Bringing the
hope of Jesus Christ
to the
community of Penhold

Join us for
Sunday morning worship services
at 10:30am

For more information, programs, and events for all ages, visit
penholdchurchofhope.com
📺 📱 Penhold Church of Hope

2022 Minto Street
office@penholdchurchofhope.com

Golden Circle Outreach Penhold



Outreach Services Available:

Alberta Senior Benefits
Assistance with Government Forms
Referrals for Tax Assistance
Home Maintenance Services
Homestyle Frozen Meal Program
Housing Resource List
Information and Referral Services
Supportive Medical Transportation

Toll Free Elder Abuse Line

1 (877) 454-2580

Monday to Friday, 8:30am-4:30pm

For more information contact

Outreach Coordinator:
(403) 343-6074



Walk-In's at
Penhold & District Library
Anytime Between:
10:00am-12:00pm

Thursday, January 16th, 2025
Thursday, January 30th, 2025
Thursday, February 13th, 2025
Thursday, February 27th, 2025
Thursday, March 13th, 2025
Thursday, March 27th, 2025



PENHOLD SENIORS DROP-IN CENTRE

3001 Minto Street, Penhold, AB T0M 1R0
Office: 403-886-2999 (Tue/Thu 2-4pm)
Info: 403-550-8533 (Linda)
Booking: 403-396-0074 (Debbie)
Email: penholddropincentre@gmail.com

2025
Memberships
Are DUE

MARCH

RENT DROP IN CENTRE **GARAGE SALE MAY 9-19**
\$150/DAY or \$35/hr **Accepting Donations Now,**
Damage Deposit Required **No furniture PLEASE**
Call Debbie 403-396-0074 OR Linda 403-550-8533

BECOME A MEMBER **DROP IN CENTRE**
Age 30+ can join--- \$25/yr **GENERAL MEETING**
Includes Multiplex Walking Track **MAR 11 (2-4 pm)**
Open for Ccoffee Tues/Thur 2-4 pm **Members Welcome**

Planned Activities

****Mar 12---Tech Tips 1-3 pm**
Free help with Cell Phone, Laptop, Tablet
& Social Media Problems
Pre Register 403-550-8533
****Mar 13---Gnome Paint Night--7-830pm**
Pre Register 403-877-3484--Cost \$30
Bring Your own Wine/Cooler

HAPPY
ST. PATRICK'S
DAY

B I N G O					
3	18	32	51	69	
12	29	40	60	61	
7	30	FREE SPACE	55	74	
5	22	38	53	68	
13	26	43	59	60	

WEDNESDAYS 7:00-9:00 PM
DOOR OPEN 6 PM
CASH ONLY
YOU DO NOT NEED TO BE A
MEMBER TO PLAY
BUT MUST BE 18 YRS OLD

in partnership with:

TAX PREP

**FREE 2024 Tax Returns for
low-income individuals and families.**

March 3 – April 24

You will be asked to bring in your Tax Documents,
SIN card, as well as Photo ID to your appointment.



ELIGIBILITY

Family Size	Total Family Income Under:
1 person	\$35,000
2 people	\$45,000
3 people	\$47,500
4 people	\$50,000
5 people	\$52,500
5+ people	\$52,500
	plus \$2,500 for each additional person

Do you have any of the following:

- Business or self-employment income
- Rental income
- Real estate holdings that provide rental income
- Interest income over \$1000
- Capital gains or losses
- Foreign property
- Foreign income

If Yes to any of the above,
you are NOT ELIGIBLE for this program

*Full eligibility criteria will be provided.

By appointment only: Monday – Friday during business hours,
dependent on staff availability.



403-886-4567



fcss@townofpenhold.ca

As a community partner, Penhold FCSS is partnering with CPA to provide this free service to eligible individuals within the community.