

2025 PENHOLD DISCOVERY NIGHT

THURSDAY

6:00 - 8:00 PM

August 21, 2025



COME OUT AND LEARN ALL THAT PENHOLD HAS TO OFFER

- PENHOLD MULTIPLEX
 - #1 Waskasoo Ave



- Discover more about Penhold clubs and activities.
- Buy your Fall Festival ride tickets and Craft Beer Night tickets.

· Learn about local organizations.

Connect with Council.

FREE EVENT

TIME

INTERESTED IN A TABLE?
CONTACT:
FCSS@TOWNOFPENHOLD.CA

August 2025

Issue #25--08 403.886.4567 www.townofpenhold.ca The Penhold Reporter





/townofpenhold



@townofpenhold

COUNCIL CORNER

Key Notes From July 14th, Council Meeting

CAO Report:

Met with Regional Manager from Alberta Transportation and Economic corridors to discuss several key intersections in town.

Outstanding projects being worked on: Intermunicipal Collaborative Framework (ICF) with Red Deer County; Offsite Fee review and updates; 2025 municipal elections.

Multiplex Report:

Staff removed the ice and completed all maintenance. The ice is back in for this coming season and hockey camps are now occurring.

Gymnasium floors have been refurbished giving it that fresh new look.

Fitness continues to have large numbers of participants in the fitness programs.

Operations Report:

Summer maintenance is occurring throughout town for water valve exercising, repairs, sewer repairs etc.

Alleys and potholes have been a focus over the past few weeks.

Sports fields, Parks and Splash Park are all highly utilized with operations running smoothly for the most part.

Check out the new basketball nets located at Lincoln Rec Outdoor Rink.

The Disc Golf Course continues to be worked on with the final hole installations occurring soon.

The final asphalt lift on Emma Street is now completed.

The RV Park is steadily booked and continues to show well for Penhold. Great job to our Operations staff for their work on operating and maintaining the Park until the new Caretakers started.

Bylaws: Newly updated Bylaw 837/2025 Land Use Bylaw received second and third reading and is now passed.

Respectfully, Mayor Mike Yargeau



Upcoming Council Meetings: Monday August 11, 2025

Meetings begin at 6:00 p.m. in person & livestreamed through the Town of Penhold website.

The Town of Penhold Council Meetings are now being recorded and will be made available for viewing on the Town of Penhold YouTube channel by midweek following each meeting.

The recordings will be available for viewing until the day of next Regular Council Meeting.

Congratulations Sensei Wayne Pineau

On June 25, 2025 Mayor Mike Yargeau, along with Councillors Teresa Cunningham and Shaun Kranenborg, presented Sensei Wayne Pineau, of Arashi Do Penhold, with an award for achieving his black belt in Brazilian Jiu Jitsu (BJJ). This notable achievement is in addition to the black belt in Karate he already earned along with training in Muay Thai as well.

Sensei Pineau has operated his dojo in Penhold for over 10 years and has trained many youth and adults in and around Penhold over the last decade. He has been a strong supporter of Penhold and will be missed as he pursues other adventures in his retirement.

While he is leaving the dojo, it will remain open under



Protective Services Awards

During the July 14, 2025 Council meeting, Mayor Yargeau and Council recognized the outstanding dedication and service of our local heroes, members of our Volunteer Fire Department and Community Peace Officers, who received Alberta **Emergency Services Medals and Volunteer Fire Services** Medals.

These medals are more than just symbols. They represent years of courage, commitment, and selfless service. They reflect the countless hours spent protecting our community, responding to emergencies, and ensuring our safety—often at great personal risk.

To our firefighters: thank you for your bravery, your resilience, and your unwavering readiness to answer the call—day or night, rain or shine.

To our peace officer: thank you for your dedication to maintaining peace, supporting our citizens, and building trust within our neighbourhoods.



And to the families and loved ones who support these individuals behind the scenes—your strength and sacrifice do not go unnoticed.

These presentations celebrated more than just medals, they also celebrated the spirit of service that makes our community stronger, safer, and more united.

Congratulations to all the recipients. We are proud of you, and we thank you for your service.

The Canadian Volunteer Fire Service Award is for those who have 10 to 29 years' service within a volunteer or paid on call Fire Department. This medal is awarded by the Town of Penhold and shall be worn centered on the right pocket with the top ribbon aligned vertically with the medal ribbons on the

The recipients of this award on behalf of the Town of Penhold were:

Lieutenant Justin Graham (10-year) Lieutenant Jamie Southwell (10-year) Captain MacKenzie Johnston (10-year) Deputy Chief Shawn Flight (10-year) Deputy Chief Joshua Wilson (10-year) Captain Warren Kitteringham (15-year) Chief Sean Pendergast (15-year)

The Alberta Emergency Services Medal honours emergency services personnel who are involved in supporting emergency prevention, preparedness and response in Alberta, and who have committed 12 years of service. This medal is awarded by the Province of Alberta in right of the monarchy and shall be worn in order of precedence on the left chest.

Recipients were:

Community Peace Officer Victor Tam Deputy Chief Shawn Flight **Deputy Chief Joshua Wilson**



The General Municipal Election is coming up later this year — are you ready to cast your ballot?

Election Day is Monday, October 20. Eligible residents can register to vote at www.voterlink.ab.ca.

NEW for 2025: Legislative changes in 2024 require municipalities to work with Elections Alberta to maintain a Permanent Electors Register.

Registering early makes the voting process faster and easier, because you won't have to register at the polling station on Election Day.

Your privacy is important. VoterLink is a provincial registration system, and your information will be shared with your municipality for electoral purposes only.

Learn more about the election at townofpenhold.ca

2025 Municipal Election Important Dates

Information Night:

Wednesday September 10, 2025 6:30 p.m. – 8:00 p.m. Penhold & District Library Penhold Multiplex, 1 Waskasoo Avenue

Nomination Day Deadline:

Monday September 22, 2025 12:00 p.m. (no late nominations accepted) Penhold Municipal Offices, 1 Waskasoo Avenue

- Nomination Form and Candidates Acceptance
- \$100 deposit
- Candidate's picture will be taken

Candidate Forum:

Monday October 6, 2025 6:30 p.m. – 8:30 p.m. Penhold Regional Multiplex Gymnasium 1 Waskasoo Avenue

Advance Voting Day:

Saturday October 11, 2025 2:00 p.m. to 6:00 p.m. Penhold & District Library Penhold Multiplex, 1 Waskasoo Avenue Bring one piece of government issued ID (i.e.:

driver's license or government issued photo id)

Election Day:

Monday October 20, 2025 Voting open 10:00 a.m. to 8:00 p.m.
Penhold Regional Multiplex at 1 Waskasoo Avenue, Penhold

Bring one piece of government issued ID (i.e.: driver's license or government issued photo id)

OPERATIONS



The Splash Park is now open for the season! Operating Hours 11:00 a.m. - 7:00 p.m. daily.

The Lincoln Street Rec Centre building will be open for bathroom use during the operating hours of the park.

Splash Park Rules:

- The Splash Park is an unsupervised area.
- Parents / Caregivers: Do not leave children unattended!
- No abusive language or objectionable behaviour.
- No littering, please use garbage cans.
- No pets allowed; leashed, or unleashed.
- No wheeled items (bicycles, strollers, skateboards, scooters)
 should be on Splash Pad.
- Washrooms are inside the Rec Centre.

The Splash Park attendant is on site for Splash Park operations, not supervision.

Please be considerate when using the Splash Park as this is a re-circulating water system & all water that goes down the drain must be treated. Unwanted substances can cause difficulties with the treatment system

resulting in shutdowns. If the system is down, it is generally due to an unbalance in the chemical treatment system or clogged filters. Please be patient with the attendant while they try to rectify the problem.





Splash Park Water Notice

The water in this splash park is treated and recirculated to help conserve resources

Just like pool water, Splash Park water should not be consumed



Please, do not drink the water or allow children to put it in their mouths

Yard Waste Compost

The Yard Waste Compost is scheduled to be open until the end of October, weather dependant. Bins are located at the future site of the Operations/Protective Services Building located north of Hwy 42, across from the Oxford Water Reservoir. Accepted items include grass clippings, leaves, and branches (no longer than 4 feet or 1 inch in diameter). Grass must be dumped out of garbage bags and into the bins. NO BAGS, GARBAGE OR ANIMAL FECES is to be placed in the yard waste compost bins. Please be considerate, removing bags after they are in the bins is labour intensive. Please don't add to already full bins, they get checked and emptied on a regular basis. This is a great service to have, please help us keep it available!

Reminder to Comply with the Outdoor Watering Restrictions

The Utility Bylaw indicates: Outdoor watering restrictions will be in effect at all times.

Odd/Even street addresses shall determine days watering shall be allowed. The numerical address of which (excluding street name) ends in odd number may water on each odd day of the month, and the numerical address of which (excluding street name) ending in an even number may water each even day of the month. Outdoor sprinkling includes vehicle washing, lawn watering or other irrigation purposes on any day of the month.



Some tips to help you conserve water are:

- Set your sprinkler to avoid watering patios, driveways, and sidewalks.
- Water back from the tops of slopes, as water will run down the slope and seep into the soil.
- Sweep your driveway and walkway instead of washing with a hose.
- Apply a maximum of 2.5cm (1 in) of water, including rainfall, to your lawn each week.

To Flush or Not to Flush

Just because the package says "flushable" doesn't mean it's true. Many items marketed as disposable and/or flushable do not degrade like toilet paper, and they wind up clogging pipes, tangling pumps, and causing sewer backups into streets, businesses, and homes.

Our sewers are designed to dispose of very specific things. Using your toilet for disposal of many modern products will often result in blockages. The drains that connect your home to the main sewer are only big enough to carry water, toilet paper and human waste – pipes are typically 4 inches. Operations Staff maintain the sewers to ensure we always have free flowing wastewater disposal. Please consider them and their safety when choosing to flush or not to flush.

What not to flush:

- Diapers (cloth, disposable, "flushable")
- Facial tissues
- Baby wipes, disinfectant wipes, moist wipes, etc.
- Toilet bowl scrub pads
- Swiffer's
- Napkins (paper or cloth), paper towels
- Dental floss
- Egg shells, nutshells, and coffee grounds
- Fats, oils, and greases
- Food items containing seeds and peelings
- Hair
- Sanitary napkins, tampons, condoms, or any non-organic material
- Vitamins, medicines, or other pharmaceuticals
- Wash cloths, towels, rags (any cloth item)
- Clothing
- Sheet plastic, or plastic of any kind
- Needles or other sharp objects
- Cigarette Butts

If it isn't human waste or toilet paper – please don't flush it!



Not everyone is comfortable around dogs - big or small

No matter how friendly your dog is, they must be kept on a leash in all areas of Penhold



Sani-Dump Station

The fees for the Penhold RV Sanitary Dumping Station are as follows:

\$10.00 per token for non-residents

\$5.00 per token for residents

Tokens can be purchased at the Town Office during regular business hours

(Monday to Friday 8am-4:30pm excluding stat holidays. Closed for lunch between 12:00-12:30pm)

Please note: Without tokens, cost for ALL users is \$10.00. Credit card payment required.

Tokens are available for after hour purchases at the Fitness Center

Penhold RV Park

Penhold RV Park will be opening for the season from May 2 - October 13, 2025.

Fall Festival Rates, Sept 5 - 7, 2025 are \$30/night

To book your site, check the Town website.

2025 Tree/ Shrub Planting

The town will be planting several trees/ shrubs in the following locations for the 2025 season:

- Penhold Commons around the storm pond Critter's Corner
- Dog Park Waskasoo Ave

The areas have been staked identifying where the different trees/shrubs will be planted. Please help ensure the work can proceed as scheduled by leaving the stakes alone.

A company will be assisting the Town with landscaping and planting. They will be working with equipment so please be cautious and respectful when near them, keeping in mind it helps immensely to make eye contact with operators when near them and give them room to work.



Disc Golf Update

In the fall of 2024, a 9-hole disc golf course was installed around the Critter's Corner playground. Baskets and temporary tees were put in place. The permanent tee pads are still to come (2-3 years down the road).

Town staff were advised by those who have developed courses in the past to give at least a 2-year trial run before installing any permanent tee pads/

signage. This allows time for any adjustments to be made for safety, residents who live beside the course can express any concerns that may arise and overall feedback from users as to whether the course flows nice or needs tweaking can be assessed.

Three practice baskets were also installed in Hayter Park in 2024. These baskets were purchased prior to 2024 and after talking with developers, staff were strongly advised not to use these baskets for the main 9 or 18-hole course as they are not professionally made. Operations decided to make use of them by having practice baskets where learners or young kids could develop skills in a quiet area. These baskets, located in Hayter Park, are not intended to be part of the 9 or 18-hole course.

In July 2025, the town received nine more baskets which were installed around the Penhold Commons Storm Pond/Ball Diamonds/ Lucina St Pond. Temporary tees (rocks with numbers) will be used for this area as well. There are more potential safety concerns with this course because of the location and higher use of those walking, biking and users visiting the area.

Operations staff will be adjusting the location of these baskets and tees as needed. Trees and shrubs are being planted within the Penhold Commons Storm Pond area in the next two years, which may affect the course over time as well.

This 9-hole course is intended to be more challenging than Critter's Corner but may be used to extend into an 18-hole course for those who desire to enjoy both. Plans for this course also include some or most of the holes with two different tee pad locations/ or basket locations for each hole. Some reasons for this are to :provide town staff with the ability to change the course occasionally, encouraging returning users; prevent too much wear at the sites; and create additional challenges, such as throwing the disc over the pond or not (some do not like to chance losing their discs in water).

What still needs to be completed?

- Permanent tee pads
- Signage with maps and distances for each hole
- Disc Golf App with the town's courses and a link on town website when the course is fully developed The disc golf is a great addition to the Town of Penhold and Town staff are making every effort in working towards a safe and enjoyable course. It is exciting to see all the positive feedback and possibilities for tournaments, etc. as it unfolds! Please contact the Town if you have any further questions or concerns.





DROP-IN

BASKETBAL

a pick-up game with others. All levels and ages welcome during this time.

Tuesdays August 12, 19 & 26 1:00-3:00 p.m.

Thursdays August 14 & 28 1:00 - 3:00 p.m.





Wednesdays **August 6 & 20** 5:00 - 7:00 p.m.

DROP-IN

and have fun your way! Try different activities or just enjoy the space. All ages and skill levels welcome

Drop in fees: Adults (18+) \$3 Youth (under 18) \$2



July & August Summer Hours

MONDAY - THURSDAY 6:00 A.M. - 9:30 P.M.

FRIDAY 6:00 A.M. - 9:00 P.M.

> SATURDAY - SUNDAY 10:00 A.M. - 6:00 P.M.

24 Hour Access Fob is required for Fitness Centre use outside these hours

FITNESS CENTRE - AUGUST DROP-IN CLASSES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Penhold					9:00am Butts n' Guts HIIT Mix (60mins)	2 CLOSED
3	4	5	6	7	8	9
CLOSED	CLOSED		9:00am Muscle Up Express (45min)	9:00am 8 Rounds (45min)	9:00am Butts n' Guts HIIT Mix (60mins)	
			5:30pm Hot Beats(45mins)	6:30pm Tabata (45min)		
			6:30pm Muscle Up Express (45min)			
10	11	12	13	14	15	16
	9:00am Full Body HIIT Mix (60mins) 5:30pm IN the Zone (45mins)	6:30am Early Burn (50min)	5:30pm Hot Beats (45mins)	9:00am Circuit Training (60min)	9:00am Spin & Sculpt Express (60min)	
		5:30pm TRX (45mins)	6:30pm CIRCL Mobility (45min)	5:30pm Game of Gains (60min)		
	6:30pm Pilates Fusion (45min)	6:30pm Zumba Step (60mins)				
17	18	19	20	21	22	23
	9:00am Full Body HIIT Mix (60mins)	Turn Spin(45mins) 50mins) 5:30pm TRX (45mins) 30pm IN the one (45mins) 6:30pm Zumba Step (60mins)	9:00am Full Body HIIT Mix (60mins)	9:00am 8 Rounds (45mins)	9:00am Butts n' Guts HIIT Mix (60mins)	
	5:30pm IN the		6:30pm Tabata (45min)			
	6:30om Pilates Fusion (45min)		6:30pm Muscle Up Express (45min)			
24/31	25	26	27	28	29	30
	9:00am Full Body HIIT Mix	9:00am Burn & Turn Spin(45mins)	5:30pm Hot Beats(45mins)	9:00am Zumba Step (60min)	9:00am Spin & Sculpt	
	(60mins)	5:30pm Game of Gains (60min)	6:30pm CIRCL Mobility (45min)	5:30pm Pump It	Express (60min)	
	5:30pm IN the Zone (45mins)			Up (60mins) · 6:40pm Stretch		
	6:30pm Pilates Fusion (45min)			& Release (50mins)		

Please remember to cancel 2 hrs prior to class start time or incur a drop-in fee.



REGISTRATION FEE \$25

MINI MARATHON PROCEEDS GOING
TO THE DOG PARK COMMITTEE

WWW.TOWNOFPENHOLD.CA



Fall Festival Parade Registration Now Open!
Parade Date: Saturday, September 6, 2025

Theme: *Timeless Toys, Endless Joy*

Parade registration for the 2025 Fall Festival is now open! This year's theme celebrates the toys and games that have brought joy to all ages through the decades. From wooden blocks to video games, stuffed animals to action figures—join us in bringing these playful memories to life!

We invite local businesses, community groups, clubs, schools, and residents to participate in this cherished community event. Get creative, dress up, and decorate your float to match the theme!

All entries must be family-friendly and reflect the spirit of the event. Pre-registration is required to participate, registration deadline is August 25, 2025





CRAFT BEER, WINE & SPIRITS FESTIVAL

Come enjoy samples of Alberta made craft beer, wine & spirits from local breweries & distilleries.

18+ event, no minors permitted

TICKETS ON SALE AUGUST 18

\$10 ADVANCE \$15 AT DOOR

6:00 - 10:00 P.M.

CELEBRATE 10 YEARS WITH ATB & ORGANIC OASIS SPA & SALON

LIVE Music Organic Oasis Spa & Salon and ATB Penhold are celebrating 10 years of business in Penhold and they want to celebrate with everyone!

These two businesses have teamed up to sponsor live music with the band "Slappy Pappy"

ATB





WWW.TOWNOFPENHOLD.CA



Ride-All-Day
passes
\$15 advance
family pack 4/\$50
\$20 on site



Friday Sept. 5 ~ 5:00-9:00 p.m. Saturday Sept. 6 ~ 1:00-5:00 p.m. Tickets on sale August 18



The Source of the Party of the

PYC AUGUST GRADES 4-6

Aug.

13

International Left Hand Day

11:00am-1:00pm
lunch will be provided

Aug. **21**

Sundae Funday 1:00-3:00pm





Please meet staff at the PYC room located at the Penhold Multiplex, second floor.

Contact Info: Amanda Lindgren 403-886-4567 alindgren@townofpenhold.ca





Hub Hamburger

Join us for some outdoor fun and games at the Hub. Youth will meet staff at the PYC room and we will walk over together. *Lunch will be provided*

Aug. 11th 12-2pm

Aug.22 1-3PM

Flavour Feud

Join us in the PYC room and test your taste buds. We will also be painting rocks and playing games.



All program days are drop-in and open to youth in grade 7 & 8.





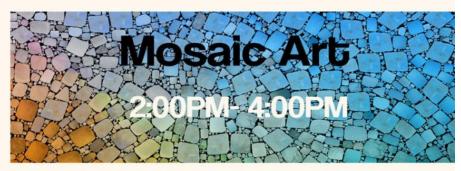
August Teen Night

Grades 9-12





AUGUST 14TH





AUGUST 20TH

Ice Cream Floats
1:00PM- 3:00PM

Youth will meet at the PYC room. Contact Info: Amanda Lindgren 403-886-4567 alindgren@townofpenhold.ca



SUMMER Park Plays

Come play with us at the various parks around town this summer!

Enjoy an activity free play and the opportunity to connect.

AUGUST DATES AND LOCATIONS

TUES. AUGUST 12 @ JESSIE DUNCAN

TUES. AUGUST 26 @ CRITTER'S CORNER (PARKING LOT ACCESS OFF WASKASOO AVE)



10:00 AM - 12:00 PM





GET YOUR NAME IN A DRAW FOR A GREAT END OF SUMMER PRIZE EVERY TIME YOU ATTEND!





Park IT Schedule - Join Us this Summer



Alberta Senior Benefits

Outreach Services:

 Assistance with Government Forms

 Referrals for Tax Assistance

- Home Maintenance Services
- Homestyle Frozen Meal Program
- Housing Resource List
- Information and Referral Services
 Supporting Medical

 Supportive Medical Transportation Toll Free Elder Abuse Line I (877) 454-2580 Monday to Friday, 8:30am-4:30pm

Penhold & District Library Anytime Between: 10:00am-12:00pm

Tuesday July 22, 2025 Tuesday August 19, 2025

For more information contact Outreach Coordinator: (403) 343-6074

AUGUST Inclusive Playground 10 am to 12:30 pm Bower-Kin Community Center 85 Boyce Street Critter's Corner Ironstone Kin Inclusive Neighbourhood Park 70 Inglewood Drive Playground 7 Westbrooke R Playground G. H. Dawe Mattie McCullough Barrie Wilson Critter's Corner Elementary School 100 - 56 Holt Street **Elementary School** Elementary Playground

Mondays in Penhold.

- Tuesdays, Wednesdays & Thursdays in Red Dee
- Centre music story time 8 moral
- All ages welcome.
- No registration required.
- Parents or caregivers must



ATB



Proud Supporters

4826 47 Street Red Deer, AB T4N 1R2 P 403,340,2606 F 403,340,2615 www.aspirechild.ca

€ ⋒



Supplement your income and make your own schedule while supporting older adults

Golden (ircle Cutreach
Penhold

Opportunities available in Red Deer County

- Light Housekeeping
- Yard Care
- Minor Home Repairs
- Snow Removal

For more information contact the Golden Circle Senior Resource Centre at 403-343-6074 or info@goldencircle.ca



\$20 per hour





FCSS: 403.886.3288 or fcss@townofpenhold.ca

Your Resource Connection: School Supports

For more information & resources, contact: Jamie Seiyama or Jennifer Blaylock with FCSS: fcss@townofpenhold.ca or call 403-886-4567





donate/tools-for-schools/

Has your child had their annual eye exam? It's important to do before they start school!

Eye See...Eye Learn™

is a program that provides kindergarten-aged students with a comprehensive eye exam from an optometrist. There is Alberta Health coverage towards your child's eye exams up to age 19. If required, kindergarten-aged students also receive a free pair of eyeglasses.

How kindergarten-aged students participate

Step 1 Parents can find a participating optometrist at optometrists.ab.ca. Click on Find an Optometrist and **Eye See...Eye Learn™**, then enter your postal code to find a doctor close to you. **Call and book an appointment.**

Step 2 See your optometrist for the eye exam. Have your health card ready. There is Alberta Health coverage towards your child's eye exams up to age 19.

Step 3 If required, kindergarten-aged students will **receive a free pair of eyeglasses.** Ask to see the frame selection available. The optometrist will order your glasses for you.

*Free glasses are covered by a one year manufacturer's warranty.

Who can participate?

Eye See...Eye Learn[™] is available to all **kindergarten-aged students** in Alberta. It's important to address eye health and vision problems before children begin school.

Children are eligible from August until they begin grade one.



403.886.4567 www.townofpenhold.ca

United Way Central Alberta

Penhold Reporter

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Penhold & District Library

403.886.2636 penholdlibrary@prl.ab.ca prl.ab.ca/penhold f @penholdlibrary | 👩 @penhold.library

SUMMER PROGRAMS

SUMMER READING PROGRAM ADVENTURE IS OUT THERE!

Tuesdays Ages 3-4

930 - 1015 AM 1100 - 1145AM

Ages 8-12

100-300PM

Wednesdays Ages 5-7

930 - 1030 AM 1100 - 1200 PM

Aug 5-6

Island Oasis

Aug 12-13

Sky High Escapades

Aug 19-20

Ocean Odyssey

Join us for a fun-filled summer of exciting stories, crazy crafts, epic games, and more!

Kidz 'n Sumi

Thursdays | Ages 8-12 | 10-12pm | 1-3pm

AUGUST 7: CANDY LAND EXTRAVAGANZA

A sweet adventure filled with all sorts of goodies!

AUGUST 14: BREAK A LEG!

Time to show offyour dramatic side as we learn all about improv!

AUGUST 21: MYSTERY MADNESS

So many secrets to be uncovered!

1-4PM

Dive into new stories and improve your reading skills

with Allison



Learn basic piece movements, key tactics and strategies as well as important endgames and checkmates (and finally beat your parents)



UESDAYS AUGUST

11 - 12PM

AGES 10

Join Deklen for a summer full of 3D printing and makerspace magic!

\$5/child or \$7/family per project

NUGUST 6 & 13

Launch Time!

AUGUST 20

Time For Tetris!



Join us for an hour of stories, rhymes, songs and crafts

RETURNS SEPT. 9TH



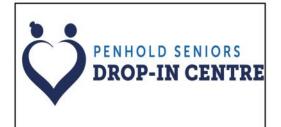


The

First Wednesdays every month starting Sept. 3rd

Join us for friendship, coffee, and great discussion





WE ARE NOW ACCEPTING DONATIONS FOR THE UPCOMING GARAGE SALE.

CONTACT DEBBIE AT 403-396-0074 FOR DATE AND TIME TO DROP OFF DONATIONS.

THANK YOU

2025 Memberships Are DUE

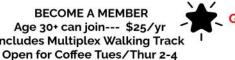
DROP-IN CENTRE

3001 Minto Street, Penhold, AB ToM 1Ro **AUGUST** Office: 403-886-2999 (Tue/Thu 2-4pm) Info: 403-550-8533 (Linda) Booking: 403-396-0074 (Debbie) Email: penholddropincentre@gmail.com

RENT DROP IN CENTRE

\$150/DAY or \$35/hr Damage Deposit Required Call Debbie 403-396-0074 OR Linda 403-550-8533

BECOME A MEMBER Age 30+ can join--- \$25/vr Includes Multiplex Walking Track



GENERAL MEETINGS CANCELLED UNTIL SEPTEMBER 2025

NO PLANNED ACTIVITIES UNTIL SEPTEMBER

THANK YOU TO ALL WHO HAVE ATTENDED & SUPPORTED THE ACTIVITIES WE'VE HAD.

SEE YOU ALL IN SEPTEMBER!

BINGO IS CANCELLED UNTIL **SEPTEMBER** DATES WILL BE ANNOUNCED **IN AUGUST**

Visit us today for individualized health care

PENHOLD PHARMACY

#3-1380 Robinson Ave Penhold, AB TOM 1R0 (403) 886-4466

Mon-Fri: 9AM - 7PM

Saturday: 10AM - 5PM

11AM - 4PM Sunday:

Our pharmacy services:

- Prescribing Pharmacist Available
- Medication Review
- Travel Consultation
- Vaccination and Immunization
- Free Prescription Delivery
- Blister Packaging
- On-Site Strep Throat Testing
- On-Site TB Testing
- **Blood Pressure Monitoring**



For more details or to book an appointment, contact our pharmacy.



HOPE

Bringing the hope of Jesus Christ to the community of Penhold

Join us for Sunday morning worship services at 10:30am

For more information, programs, and events for all ages, visit penholdchurchofhope.com

Penhold Church of Hope

2022 Minto Street office@penholdchurchofhope.com

KINETIC LEGAL SERVICES

Personalized Service. Flat Fee Pricing.

-- WILLS --

-- REAL ESTATE --

-- NOTARIES --

For more information, contact us today!

Crystal Schening, B.A., J.D. Lawyer and Notary Public PO Box 1012 Penhold, AB T0M 1R0

Call/Text: 587-802-3113 Fax: 1-888-492-2113
Email: info@kineticlegalservices.ca
Website: kineticlegalservices.ca



PHARMASAVE*

Penhold Compounding Pharmacy

Pharmasave Penhold pharmacists can

assess & prescribe

for many common minor health ailments

Contact or Visit Us Today



2 Hawkridge Blvd, Penhold, AB T0M 1R0 | 403.573.0555 Mon - Fri: 9AM - 7PM | Sat : 10AM - 5PM | Sun: 12PM - 4PM

- ✓ Point of Care Testing
 - Strep A, UTI, Blood Pressure, Blood Glucose, Covid (Rapid & PCR) Testing
- √ Travel Medication Provider
 - Pre-travel consultations, vaccination & medications.
- ✓ Injection Services
 - Shingles, Pneumonia, Vitamin B12 injections, Depo Provera Injections, Covid 19 vaccinations, Influenza vaccinations, & Tdap injections
- ✓ Compounding Services
 - Creating personalized medications to meet your specific needs. Personalized creams, ointments, syrups, suspensions.
- ✓ Home Health Centre
 - Breast Pumps and Breastfeeding supplies, Support stockings, Drug Test Kits, Daily Living aids, Footcare, Ostomy care, Incontinence, Wound Care, Bathroom Safety, Mobility Equipment and more!





Nominations open until August 18th



Scan here to nominate your favourite business



Is there something in our community you think needs a little TLC or maintenance?

> Are you looking to get a tax certificate?

Do you need to report something to the Community Peace Officers?

Do you have a general inquiry or question for Council?

Our E-Service Request tool goes straight to the department responsible.

Just click on the blue "SUBMIT" button under "Service Request" on the Town website.

